The 28th C.A. World Service Conference – A Productive Spiritual Experience for the Attendees and our Fellowship

By
Tony Drake, WSC Chair, Milwaukee, WI, USA
& Jay Finesilver, WSC Coordinator, Denver, CO, USA

The 28th World Service Conference was held over Labor Day weekend and was a remarkable opportunity to see old friends, and make new ones all while conducting the business of our Fellowship at the World level. This year’s Conference theme was “Big Book - $8.00; Hope, Faith and Courage - $10.00, Unity - Priceless!” The theme proved to be quite poignant as there was a true sense of unity among the delegates and other attendees which allowed for the Conference to be quite efficient and productive; all while remembering our individual and collective primary purpose.

The Conference reflected the group conscience of C.A. members from around the world and remarkably served as the “voice of C.A.” as the attendees came together to express the concerns, needs and desires of the entire C.A. fellowship. During the five days, there were general sessions as well as committee meetings, some well-attended unity events and 12 Step meetings daily. Here are some of the highlights of this year’s Conference:

-There were 125 attendees from all over the world, with a particularly strong presence again from the UK. There were delegates from Holland, Scotland, Hong Kong and from many of the Provinces in Canada – thus making the week a hugely international Conference, more-so than ever before.

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-This year numerous delegates and the Chairs of both the World Service Office Board and of the World Service Board of Trustees rotate out. We thank them all for their countless hours of service to our fellowship and know that the impact of their actions collectively will endure for many years to come. We also welcome and thank the approximately 30 new Conference delegates who joined us this year, this group was particularly steadfast in ensuring a fair and thorough discussion of many key issues with pertinent reference to the applicable Concepts and Traditions.

-There were 100 referrals this year from all across the fellowship. A referral is a question or concern brought by any member on any topic which then gets forwarded to the appropriate Conference committee or board for review, comment, and where appropriate, motions to the entire Conference. There were also nearly 40 post-Conference referrals which will be addressed by the respective Committees during this off-time to be presented at the start of next year’s Conference.

-There is a trend to see more and more attendees become wired in at the Conference with more laptops and other devices being used by the attendees. There were of course accommodations made for those without these electronics to ensure that their voices and participation were fully ensured. There was discussion about making more of the Conference electronic in future years, including referrals, registration, and perhaps distribution of the daily reports, minutes and other materials. These ideas will be developed in future Conferences, with the initial ground started this year.

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The 28th World Service Conference – A Productive Spiritual Experiences for Attendees and our Fellowship.

After returning back to our local Areas after the Conference, there was a collective renewed enthusiasm about the wonderful state of our fellowship. Those in attendance certainly witnessed the coming together and willingness to help one another and ultimately help the addict who still suffers. We will surely look forward to seeing everyone again next September and on behalf of those in attendance this year, we collectively thank the fellowship for allowing us to be of service at and to the Conference.

* * *

A C.A. Quote
From: HFCI, pg 23

C.A. is the only thing that is helping me to grow up and become the person I was meant to be. For that, I am grateful.
Hi family – WOW – what an incredible few months of C.A. for our Fellowship! From a party in Arizona to an efficient and productive World Service Conference in California. To growth in Iran - to new meetings in Lubbock, Texas. With Literature, Chips and Format’s (LCF) translations of our literature in full swing; to a new outreach program approved at the Conference for Hospitals and Institutions H&I). With our new Director of Operations, Linda F. now actively in place; to expressing our gratitude for the years of service for our two outgoing chairs, Kim S. (WSBT) and Tom P. (WSOB) – C.A. is carrying our message of Hope, Faith and Courage to thousands worldwide!

As proven time and again in my sobriety, my perception of any one set of circumstances is rarely the whole truth and can often keep me from allowing the real Sunlight of the Spirit to bring beauty to the moment. In the midst of a difficult economy, our Fellowship has also experienced some downturn. Whether it be the rising costs of our meeting spaces, less money going in the baskets, or any of the factors in your areas that have resulted in less money making its way to the efforts of the World Service Office – it would be easy to become disappointed, disheartened and allow doubt to creep into our future.

But in the midst of the negatives, C.A. stepped up and attended the World Service Convention in Phoenix in some of the largest numbers ever. Not only was the party a wonderful benefit for the World Service Office financially, I witnessed an invigorated fellowship having a great time celebrating their recovery. The personal accounts of Third Step prayers taken on knees in the middle of strangers; hundreds of H&I participants experiencing the generosity of C.A. to participate in the event; cases of HFCII handed out to newcomers at the countdown and the youth of our Fellowship finding a home to start their recovery – all brought that new perspective back on track. I want to thank my friends and C.A. family in Arizona for all of their hard work and more importantly - from all of us in Arizona – we thank you for attending and sharing your recovery with us for one magical weekend!

A great weekend doesn’t solve our issues and there is much more to do. Many avenues are available to assist the World Service Office directly (Contribution Program, Gratitude Month, Birthday Envelope, 70/30, etc.) and yet I often wonder if the most long lasting efforts to ensure our future lay in our own personal efforts, Groups, Districts and Areas. The premise that effective sponsorship could take the lead in passing on the importance of individual financial responsibility to the Fellowship that saved our lives, that groups could take an honest look at our message of recovery and what they can do to become more attractive to our members, that Districts and Areas could be more creative in their support of the efforts of our World Service Office would all have tremendous long term effects.

We thank those of you already participating in the solution and invite the rest of the Fellowship to join us. The message of Hope, Faith and Courage is alive and well. The WSBT welcomes both Brian T. to the WSBT as Midwest Regional Trustee; and Teresa N. in her new role as WSOB Chair and look forward to their participation in our efforts. We again thank our outgoing chairs, Kim S. (WSBT) and Tom P. (WSOB) for their leadership, tireless effort and guidance over the last few years. They both set the bar high and the current WSBT looks forward to the challenges of our upcoming year. So once again, it’s my perception that needed the lift. We have the answers to our problems within our collective efforts and I believe our future is bright. ***
The promises suggest to us as individuals that we will lose the fear of economic insecurity if we follow our 12-Step program. Many individuals in our program can affirm that this promise comes true. But Groups, Districts and Areas that make up the C.A. service structure must also cope with the fears of economic insecurity. Is there enough money to deal with our group’s operating expenses? Can we afford more chips and literature? Can we ‘pay it forward’ by sending money down the line to the District, Area, or World Service Office? Can our ‘trusted servants’ handling the money be trusted to handle it properly?

Common Concerns:
These concerns are hardly unique. Every group – particularly in its early days – has experienced concerns about being able to make ends meet. Too, most Groups, Districts, or Areas, have at one time or another been confronted with some type of irregularity in their financial matters whether it be from simple bookkeeping mistakes or funds having been misused in some way. Invariably, these problems cause concern and confusion in our service structure.

Handling Money Requires Special Handling:
Just like any business must handle its money in a way that provides trust and confidence for the owners or shareholders of the business, each C.A. Group, District, or Area must handle its money in a way that earns trust and confidence from its members. Ensuring trust and confidence in the handling of C.A. money matters requires discipline and adherence to certain principles – in this case principles of basic bookkeeping that have been borrowed from the business world.

A C.A. Guide to Managing Group Finances:
In the business world, bookkeepers and accountants have developed certain guidelines and standards for ensuring appropriate oversight of their business monies. In C.A., the Finance Committee of the World Service Conference has done something similar. It has summarized certain financial principles and combined them with the experience, strength and hope of groups around the world and put them into a 16-page document entitled “Financial Guidelines for Groups, Districts, and Areas”. In these 16 pages, the guide provides convenient and useful money management suggestions, instructions, forms, tips, and job descriptions for use by groups, districts and areas in the handling of their money. The guide is available from Area delegates or online at:

The Financial Guidelines - not complicated:
According to the Financial Guidelines, establishing trust and confidence in your group’s financial matters doesn’t have to be hard – it consists mostly of simple suggestions and practices similar to the following sample:

- Have more than one person count money.
- Give a monthly financial report.
- Don’t co-mingle funds (mixing monies for one purpose with monies for another).
- Don’t spend funds without a group conscience.
- Get receipts for items paid into and out of the group.
- Deposit funds by the next business day.
- Use two signatures on all bank accounts.
- Every convention or event should have a designated treasurer.

There’s more of course and in addition to simple suggestions like the above, the Guidelines also describe suggested forms to be used for recording money transactions, and formats for reporting or summarizing them.

Avoiding problems:
Many Groups, Districts and Areas have experienced money-related problems – including overt mismanagement or theft of funds. But when problems arise, it’s often discovered – too late – that they were due to inattention or compromise to basic money handling suggestions such as those in the Guidelines. Examples of such compromises include such things as downgrading the group’s Treasurer qualifications to accommodate available candidates, not being strict about getting receipts for expenses, failure to insist on regular and written reports, and spending without a group conscience because there’s a rush to get something done.
The Group Treasurer. This is a position that holds a great deal of responsibility.

Collect Money Week 1
Collect Money Week 2
Collect Money Week 3
Collect Money Week 4

Collect in a bag or envelope each week.

IMPULSE TO STEAL

STOLE IT!!

Confess!

DIDN'T STEAL IT!!!

Pay expenses and keep one month Prudent Reserve

Sent the rest to District or Area

GO OUT!!

GUILT

Denial

Resign

Get Forgiven!!

Feel Good!!!
CONT. FROM PAGE 4

FREEDOM FROM FEAR OF ECONOMIC INSECURITY –
A PROMISE FOR GROUPS, DISTRICTS, AND AREAS

Why money handling procedures matter to the still suffering addict:

The funds collected or raised by Groups, Districts and Areas all have the ultimate purpose of supporting our efforts to carry our message of recovery. If we handle funds poorly we compromise our ability to carry our

The promise: fear of economic insecurity will leave us

In all our Groups’ activities, it is not too strong a claim to paraphrase that if we are painstaking, if we adhere to simple guidelines of money handling and reporting, the fear of economic insecurity will leave us. We hope and suggest that every Group, District, and Area seeking to ensure the integrity and trust of its financial condition will consult a copy of “Financial Guidelines for Groups, Districts, and Areas”. It’s a great way to ensure the trust and confidence of our actions among the members we serve.

* * *

C.A. Meditation Book

Needs

Your submissions NOW!

Wouldn’t it be great to have a C.A. meditation book to read each day? We need YOU to help make this book a reality!

In keeping with the 11th Tradition, submissions will be reviewed anonymously and the authors of meditations ultimately selected for the book will be asked to maintain their anonymity. Replies will be sent when the selection process is complete.

Online submissions are preferred. Each submission also requires a properly executed release (please use the online submission form available at www.ca.org or the form on page 8). If you are unable to use the online form, you may send your submission(s) and release via e-mail to submissions@ca.org or by regular mail to: CAWSO, Inc., Attention: LCF Committee, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641. For more information, please call 310-559-5833.

* * *

IN THE OLD DAYS IT WAS
HIP TO BE SQUARE!
The World Service Conference Archive Committee is pleased to offer the 1st in a series of 8 commemorative, fundraising chips.

LIMITED EDITION -
ONLY 1000 PRINTED
All proceeds benefit CAWSO
$10.00 EACH
Order your piece of C.A. History
NOW...

HERE’S HOW: Go to the C.A. online store at www.CA.org – click on “literature” at the top left of the page; click “order books, chips and literature.” From here, you may either print off the printable order form or click on “click here to enter store” and then proceed to “miscellaneous items.” Questions? E-mail cawso@cawso.org. If using the printable form, either fax to (310) 559-2554 or mail to CAWSO, 21720 S. Wilmington Avenue, Suite 304, Long Beach, CA 90810-1641, USA.

• Make checks payable to CAWSO
• Shipping & Handling fees apply
• No discounts on bulk orders
Our Primary Purpose is to carry the message to the addict who still suffers, and certainly there are suffering addicts in all corners of the world.

COCaine Anonymous was founded on November 18, 1982, which is why November is Gratitude Month. During November each year, we pass the gratitude can, where the money collected goes directly to the Cocaine Anonymous World Service Office.

The Cocaine Anonymous World Service Office has a worldwide reach and helps to carry the message in important ways:

- Publishing and translating books, literature and chips
- Access to drug court conferences
- Sponsorship of the national hotline
- Administrative support for new Districts, Areas and Regions
- Mailing free meeting starter kits
- Providing free books and literature to inmates.

So, when the Gratitude Can comes around in November, remember your unknown brother or sister trying to find their way into the rooms of Cocaine Anonymous, and help the Cocaine Anonymous World Service Office carry the message worldwide.

CAWSO
21720 S. Wilmington Ave., Ste. 304
Long Beach, CA 90810, USA
www.ca.org

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From Hope, Faith, Courage
Stories from the Fellowship of Cocaine Anonymous
“Our Hope, Faith and Courage”
Book I; pg xxxii

When I was newly sober it was explained to me that the Greek definition of the word “enthusiasm” is, “en” meaning ‘in’ or ‘with’ and “theos” meaning ‘God.’ In other words – having God within. One day at a time, the Fellowship of Cocaine Anonymous enthusiastically carries the message of Cocaine Anonymous throughout the world to the addict who has the courage to ask for help.

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C.A. in Hong Kong, 7 Years Later

By Peter O.
Hong Kong, China

The last time C.A. Hong Kong did a “Newsgram” article was around 2004, when C.A. Hong Kong was just 18 months old and was not a ‘recognized’ area of C.A. Worldwide. We had one meeting a week at that time, on Tuesday nights, at an address in the mid levels of Hong Kong Island. Since then we have become a recognized area (part of the European Region. European Region – Hong Kong?? Only in C.A. can miracles of “re-location” be achieved!)

We have also had our “ups and downs” vis-à-vis attendance, support and growth. We now have 2 meetings (the second is on Friday nights) and in a week’s time C.A. Hong Kong will be celebrating its NINETH birthday!!! Happy Birthday to us!

Two meetings only? Definitely “not yet massive” as someone in the U.K. used to say. But here we are in 2011; surviving, carrying on, not giving up hope, trying to carry the message to the addict still suffering out there and above all remaining part of our unique and wonderful Worldwide Fellowship. Whilst other areas have disappeared, other meetings have ceased through lack of support – financial and attendance wise - we have sincerely felt that C.A. Hong Kong is a worthwhile, life saving entity, and a wonderful example of how C.A. is expanding worldwide.

At times we tenuously hang in there. At times we can feel discouraged by the seeming lack of growth of our area. At times we can wonder if we are forgotten. It’s then that we get off the “pity pot”, kick ourselves in the ass, and say “Go for it. We’re here and we’re free. We are loved by our fellows. We remain clean and sober to carry the message.” It would be all too easy to give up, call it day and drift away. We do not intend to let that happen.

We’ve been up to 15 addicts regularly attending our meetings. We’ve been down to one or two – especially in the summer when so many people leave Hong Kong for holidays and other more pleasant climates. BUT we KNOW we are doing what we can, that when visitors from overseas email us, phone us, contact us via our website and helplines, etc. asking for a meeting whilst they are in Hong Kong, someone will be there for them. We take them for coffee or dinner after a meeting; we enjoy their company and (we think) they enjoy ours. In short we have FELLOWSHIP in this far off distant area of Southern China! To see the smile on a visitor’s face when we meet is something we would not want to miss. To take a call on our Helpline, when a desperate addict is calling for help, is something we would not want to miss. To be the only C.A. Area in the Far East is – well – simply outstanding!

We are self supporting through our own contributions. That can be a tough burden when paying for the meeting room and for our weekly advertisement in a local magazine but it’s not a problem to us. We pay our own way when attending conferences. In short, we will do what we have to do because the challenge is worth it.

At the recent World Service Conference in Los Angeles I had a word with our Trustee, Russell, as I was wondering if a two meetings a week area was viable. Would it “be better to become a Loner Meeting only” was my question. I was told in no uncertain terms that C.A. Hong Kong makes a valuable contribution to our fellowship and that by attending annual conferences, being there in Hong Kong for visitors and addicts wanting recovery, we were in our own way contributing a lot to our region. It was good to be reminded of this. Further, it helped me to remember what a wonderful reception C.A. Hong Kong receives whenever we visit overseas conventions and conferences. How people from all walks of life are so supportive of our efforts in the Far East. How on many occasions members of our fellowship (especially in the USA) say to us “You’re from Hong Kong?? We’ve got C.A. in Hong Kong?? WOW!!! Welcome!!!” The smiles, the love and basic goodness of our overseas friends and

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World Service Contribution Program

Cocaine Anonymous World Services depends on the financial support provided by individual members, groups, committees, Districts and Areas. We use your contributions as efficiently as possible, to maximize the services we are able to provide to addicts throughout the world. When you participate in the World Service Contribution Program, you ensure that we are able to serve the needs of those in our Fellowship, and reach even more with our message of Hope, Faith and Courage. And because your Contribution Program gifts are conveniently transferred by your bank from your checking account, savings account, debit card, or credit card account directly to the World Service Office, your contributions go farther than ever before. The C.A. World Service Contribution Program is safe, secure and confidential. You have complete control of the process, because you specify the amount of your contributions and when they are made. You can always increase, decrease or suspend your participation at any time by writing the World Service Office. Plus, your contributions may be tax deductible (consult your tax advisor). To help the C.A. World Service Office meet the needs of members, groups, areas and addicts still suffering, please fill out the authorization form below, attach a voided check or deposit slip (if necessary), and mail everything to the address shown. Thank you for your support.

AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)

YES! As a member of C.A., I want to participate in the C.A. World Service Contribution Program to help keep C.A. World Services going strong!

Cocaine Anonymous World Service Office
21720 S. Wilmington Ave., Ste. 304
Long Beach, CA 90810-1641
(310) 559-5833
cawso@ca.org

As part of my 7th Tradition contributions to Cocaine Anonymous World Service Office, I authorize Cocaine Anonymous World Service Office (CAWSO), to initiate variable entries to my account described below:

Type of Account: ☐ Credit Card ☐ Debit Card ☐ Savings

Card Number: ___________________________________________ Expiration Date: ________________________

Financial Institution’s Name: __________________________________________________________________________

Financial Institution’s Address/Branch: __________________________________________________________________________

If using a savings account, please include a deposit slip.

PAYMENT DETAILS:

Amount in U.S. Dollars: $_________________ Date of first payment: ☐ 1st of month ☐ 15th of month

PAYMENT FREQUENCY:

☐ Monthly ☐ Annually ☐ One-time basis Effective date: _____/_____/_______ (MM/DD/YYYY)

This authority is to remain in full force and effect until CAWSO has received written notification from me of its termination in such time and manner as to afford CAWSO a reasonable opportunity to act on it.

Name: __________________________________________

(Please print name as it appears on the account)

Signature: ___________________________ Date: ___________________________

Address: __________________________________________

City and State/Province: ___________________________ Country: ___________________________

Zip/Postal Code: ___________________________ Daytime Phone: ___________________________ Evening Phone/Cell: ___________________________

PLEASE MAKE A COPY OF THIS COMPLETED FORM FOR YOUR RECORDS
(The complete World Service Contribution Program brochure, which includes this form, is available for download at www.ca.org/contribute.html)
KEYS TO THE ‘UNITED’ KINGDOM - CAWS2012

By: Sarah T., Outreach Chair
London, England, UK

We of Cocaine Anonymous United Kingdom (CAUK) are proud to introduce the eagerly awaited CAWS2012 World Service Convention “Keys to the ‘United’ Kingdom” in Birmingham, England – bringing you a super sized portion of C.A. energy.

Our fellowship in CAUK is a melting pot of all ages, genders, religions, class and creed that come together with one primary purpose; to help the still suffering addict.

Next May, Cocaine Anonymous welcomes the Keys of the ‘United’ Kingdom World Service Convention into Birmingham where members from across the globe will meet at one united location.

Supported by an enthusiastic and energetic committee, we are coming together to share in a common solution and are proud to welcome some international, world class speakers, interactive workshops and activities not to be missed!

This year, the World Service Convention has grown in size; we are bigger and better than ever before and have a spectacular line up in store. C.A. meetings and members across the globe are already brimming with excitement. We are thrilled to announce a jam packed selection of powerful, inspirational speakers from around the world who have successfully recovered from a seemingly hopeless state of mind and body and are here to deliver a powerful message that will most definitely pack a punch leaving you wanting more.

To supplement your appetite further, team this explosive mix with our very own home-grown UK based C.A. members and you are in for a real treat! This year, the committee is joining together in full force with a powerful message of Hope, Faith and Courage and a tremendous solution. Stand up strong Cocaine Anonymous; let’s give it to the Brits!

Alongside the wealth of activity, we have also included some round the clock marathon meetings, but this time with a twist. Come and join us for some meetings with a difference. These are not to be missed! There will also be some first class merchandise to fly the C.A. flag. We have some fabulous products and designs so you can be sure to take home a piece of the action and remember it forever.

We can literally taste the energy and excitement all over the UK with a number of CAWS2012 fundraising events popping up across Britain. We have C.A. members giving up their time to raise funds and awareness for this big event. Join in the unity and help support the World Service Convention with various fund raising events including speaker meetings and dances in may locations such as Scotland, Brighton, and London. Special events at the event include a golf tournament at The Belfry, a visit to Shakespeare’s village and one of the best kept Olde English Castles still in near perfect conditions. Furthermore, specific special events will be taking place in and around London before and after the convention, just to make your whole convention experience even more of a trip of a lifetime and full week of being happy, joyous and free. There are still spaces left so be sure to book now to avoid disappointment. Don’t miss out on any of the special forthcoming events, get involved and get in touch now.

The Keys of the ‘United’ Kingdom World Service convention will be the biggest event in 2012 to hit the C.A. calendar and is set to make its mark in C.A. World Service history as the first in Europe; indeed outside of North America! We have really pulled the stops out and are most certainly going to any lengths to make this an event to be remembered forever. Let’s make our mark in our calendars and to this!

We stand strong in unity, proudly announcing to the world: We’re Here and We’re Free from all mind altering substances. All are welcome.

Come along to this mammoth event in the Birmingham Hilton Hotel, 24th – 28th, May 2012. Book your registration and room online at www.cawsconvention.org

If we can be of any service please contact us on info2012@cawsconvention.org

We look forward to seeing you in May 2012!

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My Experience in CA World Service

Teresa N., WSOB Chair
Dana Point, California, USA

Eight years ago, I was blessed with the opportunity to serve at the C.A. World Service level. Having already been serving in various capacities at the local Group and Area levels, I was eager to learn more about the organization called Cocaine Anonymous and what I, the member, could do to help facilitate the growth of our fellowship and the fulfilling of its primary purpose: to carry the message to the addict that still suffers.

When I arrived at the World Service Conference that first year as an Alternate Delegate, I was in awe and quite taken aback with the size and scope of our fellowship, which was beyond what I had imagined. I met other Delegates, World Service Trustees, Office Board Directors and servants from around the world, all who had come together to represent our members and to address the issues that affect C.A. as a whole. What an amazing experience.

In my eight years of serving at the level of World Service, I have served on a number of World Service Conference Committees. I have witnessed changes in our fellowship resulting from and indicative of great growth including: the establishment of a European Region; the development and publication of a new C.A. book, HFCII; development of several new pamphlets and revisions in existing literature to reflect a more all-inclusive fellowship; new groups starting up all around the world; translations of our literature into several languages; and our first WS Convention in Europe, coming this year! It has been one of the most exciting times of my life.

After serving as an Alternate Delegate and then as a Delegate, a couple of fellow C.A. members urged me to come and visit a WSOB meeting and to consider submitting my resume for a Director position. After spending time in prayer and consultation with my sponsor, I did just that. Shortly after, I was ratified as a Director or the WSOB. Over the past six plus years, I have served on the WSOB in the following capacities: Director at Large, Secretary, Vice Chair, and now Chair.

Through these past eight years, I have learned about the business side of the C.A. organization. But more important than that, I have learned and continue to learn how we all work together to help serve our primary purpose. I have learned that there is no arm of the service structure that is more important than another and that everyone at the World Service level serves the members of the fellowship. As stated in Tradition 2 and Concepts 1, 2, 3 and 4, there is one ultimate authority, as expressed in the collective conscience of our Fellowship, as a whole, and that authority is delegated by the membership to the various service structures of the Conference in order to act on their behalf. Most importantly, we all, no matter what our place in the fellowship today, are still members above all else, and an integral part of the process of carrying out our primary purpose. We all work together in unity to ensure that the message is carried to the addict who still suffers.

It is a great privilege to serve my Fellowship at the World Service level. I am most grateful to have been afforded this opportunity and I look forward to this next year in the capacity of Chair of the WSOB as I continue to support my Fellowship and my fellow C.A. members in our continued journey on the path of growth, accomplished through the carrying the message all throughout the world. God has truly blessed me with the opportunity to give back to the Fellowship that saved my life.

Thank you for letting me be of Service.

***
Two Different 2011 World Service Conference Experiences

By
Jennifer S., Calgary, Alberta Canada

and

Mark C., Tucson, Arizona, USA

I love coming to the World Service Conference every year as I am reunited with my friends from all over the world. The conference is a week long business meeting with committees working hard to improve the C.A. process. The hours are long, the sleep isn’t enough, but I love it! This fellowship and being a part of C.A. as a whole gives me a sense of purpose filled with many laughs and hugs. Who would have thought pouring coffee at a meeting would have led me down the service road to the best service commitment. I am so grateful for this experience and I encourage you to get involved in the service as it has saved my life and given my life fulfillment.

By: Jennifer S.

AND

This is my second year at the conference. Last year I was an alternate delegate, this year I’m here as a first year Delegate. I chose to join the Conference Committee last year because one of our outgoing delegates from my Area suggested it. And, since I “try” to follow suggestions I accepted the challenge. I have not regretted the choice as the Conference Committee is lots of fun and hard work combined. It is helping to remind me that I am not always in charge and that I don’t know everything. It is very humbling when someone comes into the office with a question and I have to admit that I’m not sure. I guess God is in charge and I am just a servant sent here to help. C.A. continues to help me to learn and grow out of myself and my will. I am very grateful to my C.A. family and friends for this opportunity to serve. Thanks to All.

By: Mark C.

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C.A. in Hong Kong, 7 Years Later

By Peter O.

Hong Kong, China

fellows is something to behold.

So, C.A. Hong Kong will continue with its fellowship ideals and work hard to increase our presence out here in the East. And hopefully one day we will see neighboring countries introduce C.A. fellowships wherever possible.

In closing C.A. Hong Kong thanks all of you for your support, love and interest. For making us feel a “part of.” For helping us to carry the message of Cocaine Anonymous to the still suffering addicts.

One day we hope to hold a convention out here! Wouldn’t that be something??

***
And now a word from your Sponsor
By
Mike S.
Atlanta, Georgia, USA

When I got here they told me I could only keep what I had by giving it away. So when you asked me for my phone number I gave it to you. I told you to call me everyday, and I meant it. I didn't say "only call me when things are fine," or "call me you get this thing figured out," or "don't call me if you're afraid." I said call me every day and I meant it. If you need me, there is no bad time to call. I will be there for you.

Don't get me wrong. I am not your taxi service, not your bank, not your marriage counselor. I am not here to fix your old life. I am here to show you a new way of life as it was shown to me. I will show you how to make coffee and how to chair a meeting. I will teach you how to give out chips. I am here to take you through the book and through the 12 Steps. If you need me, there is no bad time to call. I will be there for you.

Through my actions I will show you how to be of service to the Fellowship. I will explain what it means to be a Trusted Servant to the Fellowship, and what an honor that is. I will guide you through the 12 Traditions. If you have questions, there is no bad time to call. I will be there for you.

I will say nice things about you at your birthday, and when you have a really stupid idea I will let you know. I will love you, but I will not pull any punches. I will always tell you the truth. I have loads of experience I will share with you, but I don't have any advice. If you cannot follow suggestions, then I cannot sit back and watch you die. I will not beg you to live. I won't candy coat this thing. Some of this will hurt. When you feel scared and alone, give me a call. I will be there for you.

You might be able to do this on your own. But I cannot. If you need me there is no bad time to call. I will be there for you. Why? Because every time I reach out, someone is there for me. I have been shown the way out. Come, let me share it with you.

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### Calendar of Events

#### January 20-22, 2012

**25th Cocaine Anonymous Quebec Area Bilingual Convention**  
*Alive & Free/Vivant & Libre*

- **Quebec**
- **LOCATION:** Holliday Inn Montreal-Midtown  
  420 Sherbrooke Ouest  
  Montreal, Quebec  
  514-842-6115-14-842-6111
- **CONTACTS:**  
  *Marie-Noelle*, 514-513-7013  
  *Rand S.*, 514-730-1932

#### April 13-15, 2012

**22nd Annual Tri-State Convention**  
*MI-OH-IN Recipe For Change*

- **Ohio**
- **LOCATION:** The Holiday Inn  
  1100 Crocker Rd  
  Westlake, OH  
  440-871-6000 or 440-871-6000
- **CONTACTS:**  
  *Ramone G.*, 216-338-9560  
  *Denise D.*, 216-254-0747  
  *Clayton P.*, 216-322-4316

Get the word out about your local event! Use the form at [www.ca.org/event_form.html](http://www.ca.org/event_form.html) to get your event listed both on the web and in the NewsGram, or notify us by mail to NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810.

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#### May 24-28, 2012

**WOULD YOU LIKE TO BE PUBLISHED??**

The NewsGram is looking for your article, poem, suggestions, poems, spiritual thoughts, or ideas. If you write an item, please go to [www.CA.org](http://www.CA.org), on page 8 and print out the release form and submit along with your item to:

NewsGram,  
C/o CAWSO,  
21720 S. Wilmington Ave., Ste. 304,  
Long Beach, CA 90810;  
Articles or suggestions to:  
Or e-mail to: Newsgram@ca.org.
A NEW HIGH FROM H & I

Shake, Rattle and Role
By Tammy C.
Fort Myers, Florida, USA

I ended up in detox where my body, mind and spirit were broken. That is where I first met Cocaine Anonymous. I did not get connected or stay sober at that time; I went back out there for a while. When things got bad enough, I knew where to go. I shook, cried, and prayed as I drove over the bridge to go to the H&I meeting of Cocaine Anonymous. When I got to South street I had to make a decision; turn left to get crack, or turn right and get recovery. I was no longer scared of the crack, I was scared of me. I could not wait to get to the meeting where I knew it would be safe. There was an energy, a buzz in the rooms; people were happy and staying sober. I was rattled to the core that first day. For the first time in my life I knew I needed to do the deal. I left that H&I meeting and got a sponsor and started working the steps. I continued to go to C.A. meetings every day. After a while, I did not shake going over the bridge; I was no longer rattled. I started rolling all over the state of Florida chasing recovery. I have had an opportunity to chair meetings at our local detox for 3 years. People walk into the rooms broken and with no hope. There is nothing greater than seeing the light come on in their eyes; to witness the miracles happen. The message of hope, faith and courage of C.A. brings life. If you have never chaired an H&I meeting I suggest you do. In H&I we learn to be selfless instead of selfish.

* * *

UNITY CORNER

Honored to Represent My Area as a Delegate
By Rick P.
Unity Committee Member
Utah Area, USA

When I first showed up at the World Service Conference I got the warm fuzzy feeling I get when I am being of service. That feeling was quickly replaced by fear, when I sat down on the Conference floor for the first time. Surrounded by everybody that knew what they were doing. I felt so small. I knew nothing. We had to go to the microphone and say our name, area and how many votes each of us carried (not more than 2 per person). Shaking, hoping I would remember my name! As they went through the committee recruitment process, I was hoping to find where I would belong. I was confused and a little lost. I said to myself, “pray, pray, pray.” I walked into the Unity Committee feeling a little intimidated. They welcomed me with open arms. They helped me to get involved. I started to feel a part of, and they trusted me with a position on the committee. We are part of something that matters. Tomorrow we will go back to the floor and fear will probably leap in. It’s OK. I will not go alone. We will go together, though we are different, we are the same.

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