

# NEWS GRAM

Volume 26 No. 2 C.A. World Service Office, 3740 Overland Avenue, Suite C, Los Angeles, CA 90034 Third Quarter 2009

## Respecting the C.A. Logo, Motto and Trademarks

By the World Service Board of Trustees

As the WSBT continues to address concerns over the use of our copyrighted logo, motto, and trademarks on web pages and websites, as well as anonymity issues for those connected to the web page/website, we felt that an article regarding the position of the WSBT was warranted. Most questions/concerns have to do with what our protected trademarks are, what is acceptable and appropriate use of them, and by whom they may be used.

Cocaine Anonymous has the following trademarks protected in the USA, Canada and European Union:

- “We’re Here and We’re Free”
- Cocaine Anonymous name
- C.A. logo Hope, Faith and Courage
- C.A. (USA and Canada only)

If a C.A. group wishes to use any of the above C.A. trademarks on the C.A. group’s website, the service committee for the Area (or District) must have approved the site, and the Cocaine Anonymous World Service Office (CAWSO) must be contacted by an elected officer of the Area (or District) where the group resides with a statement to this effect.

If a C.A. group chooses to be a “stand alone,” meaning not attached to the Area (or District) where the group resides, then the Cocaine Anonymous World Service Office (CAWSO) must be contacted by an elected officer of the group with a statement to this effect.

In either of the above cases, the request is forwarded to the CAWSO Webservant, Regional Trustee, Area/District Service Committee and World

Service Conference Information Technology (IT) Committee to verify that the site is in compliance with the IT Committee Workbook and Guidelines (these guidelines are available for review on the service section of www.ca.org).

**In accordance with the above, the use of the C.A. logo and our protected trademarks on Facebook, MySpace, and other similar sites is not appropriate, or acceptable.** Additionally we need always be mindful regarding the anonymity of our members, even when they “innocently” are not.

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#### **CAWSO Personnel:**

*Best wishes and thank you to Susan D., who is leaving us after two years of much-appreciated service to the WSO.*

Patty Flanagan, Director of Resource and Project Development

Yvette Love, Customer Service

Tony Vieth, Shipping & Fulfillment

#### **NewsGram Editor:**

Cynthia C., Redmond, Washington, USA

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#### **Trustee Corner:**

## **It's Time to Move On**

**By Hayward H.  
World Service Trustee/WSBT Chairperson  
Compton, California, USA**

Hello to all. I can't believe that my term of service as your World Service Trustee is over at the close of the CAWS 2009 Conference. It seems like only yesterday that Jay F. (the 2005 Trustee Election Committee Chair) came and told me I had been elected to the position. Let me tell you, it has been the longest, shortest, most trying and most rewarding four years of my life so far.

Each year's Board has faced its own set of challenges and triumphs. To name just a few, 2006 brought the creation of the European Region and the election of the first European and Canadian trustees (Nick L. and Trevor S., respectively). In 2007 we worked on defining C.A.'s cooperation with Co-Anon, protecting our trademarks and service symbols in the European Union, and the publication of *Hope, Faith & Courage Volume II*. Last year we completed the creation of our vendor licensing program, and the Conference approved changing the WSO structure to include two paid directors. This year we have been further defining the permissive use of A.A. literature by C.A.

So, after the Conference, and a nice LONG rest period, I will return to my District (Long Beach/Compton) in the CALA Area and serve by helping to orient the GSRs; from this position, our future delegates and trustees are chosen. My hope is that I've served both Boards well and helped to make this position a little better for the person that serves after me.

I would like to thank the entire Fellowship for the opportunity to serve at this level. The people I've met and all the experiences we've shared will never be forgotten.

# Note from the WSO

By Tom P.

WSOB Treasurer

Dana Point, California, USA

“God has not made you without a definite purpose in view. The Universe is a universe; that is, it is a unified harmony, a divine scheme. It could not happen, therefore, that God could create a spiritual entity such as you are, without having a special purpose in view, a special place for you. Whatever the place may be, there can be only one person who can fill it perfectly.” This quote, from Emmet Fox, a writer and spiritual teacher who had a great influence on Bill W. and Dr. Bob, suggests purpose as a unifying and harmonizing agent in the operation of all that is. The purpose unifying and harmonizing Cocaine Anonymous is to carry C.A.’s message to the still-suffering addict.

Cocaine Anonymous is clearly a spiritual entity created for a special purpose and occupying a special place in this world. Each one of us who owes our very life to C.A. is testament to this truth. We have recovered from the seemingly hopeless state of mind and body that is addiction, in part by the practical application of spiritual principles in all our affairs. These principles are enlivened in the individual through the action of our Twelve Steps. Similarly, C.A. is organized along spiritual principles as well. These principles are enlivened in a group through its adherence to the Twelve Traditions.

“The unity, the effectiveness, and even the survival of A.A. will always depend upon our continued willingness to give up some of our personal ambitions and desires for the common safety and welfare. Just as sacrifice means survival for the individual alcoholic, so does sacrifice mean unity and survival for the group and for A.A.’s entire Fellowship.” This writing from Bill W. summarizes clearly that the spiritual principle of unity involves sacrifice. Our Traditions involve setting aside issues of self in the interest of the group. While many issues exist which can be addressed in service of our Traditions, the purpose of this writing is to address the specific issue contained within our Seventh Tradition.

Today’s headlines continue to be filled with messages about the world’s financial woes.

Governments, businesses and individuals are all grappling with declining revenues and the struggle to match expenses with revenues. Many of you are aware that as of July 1, 2009, A.A. literature increased in price by more than 30% due to revenue declines. Cocaine Anonymous is not immune to financial turmoil. Revenues from sales of chips, literature and books are almost 20% less than budgeted for the fiscal year just ended on June 30, 2009. Seventh Tradition contributions were down almost 30% from the budget. Combined, the decline in revenue is almost \$70,000 less than was anticipated. Yet despite these large declines in revenue, our loss from operations will be only approximately \$15,000 due to savings in program service and administrative costs, along with better than expected net revenues from the World Service Convention. Losses of these amounts are not sustainable. Being self-supporting by our own contributions is imperative if we are to maintain the organizational structure currently in place.

Our Seventh Tradition is profoundly spiritual in that it offers each of us the opportunity to not only be responsible in keeping our own house in order by paying our bills, it also is a way to participate in C.A.’s primary purpose. As people who have recovered, we are moved deep within to be available for those still-suffering. This movement is grounded in a Power greater than we are and is directed by purpose. We should each ask God in meditation if we are doing all we can to support our primary purpose. Additionally, we should carefully review the financial participation of our groups, districts, areas and committees in C.A. as a whole. On page 164 of the Big Book it suggests we ask each day what we can do for the addict who is still sick and we are promised, “The answers will come, if your own house is in order.” Let’s ask the same questions as a Fellowship, follow the directions we are given, do what is necessary to keep our house in order, and realize the promise by living into our common purpose.

*[See related article on page 6 of this issue.]*

# World Service Contribution Program

Cocaine Anonymous World Services depends on the financial support provided by individual members, groups, committees, Districts and Areas. We use your contributions as efficiently as possible, to maximize the services we are able to provide to addicts throughout the world. When you participate in the World Service Contribution Program, you ensure that we are able to serve the needs of those in our Fellowship, and reach even more with our message of Hope, Faith and Courage. And because your Contribution Program gifts are conveniently transferred by your bank from your checking account, savings account, debit card, or credit card account directly to the World Service Office, your contributions go farther than ever before. The C.A. World Service Contribution Program is safe, secure and confidential. You have complete control of the process, because you specify the amount of your contributions and when they are made. You can always increase, decrease or suspend your participation at any time by writing the World Service Office. Plus, your contributions may be tax deductible (consult your tax advisor). To help the C.A. World Service Office meet the needs of members, groups, areas and addicts still suffering, please fill out the authorization form below, attach a voided check or deposit slip (if necessary), and mail everything to the address shown. Thank you for your support.

## **AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)**

YES! As a member of C.A., I want to participate in the C.A. World Service Contribution Program to help keep C.A. World Services going strong!

Cocaine Anonymous World Service Office  
3740 Overland Avenue, Suite C  
Los Angeles, CA 90034  
(310) 559-5833  
cawso@ca.org

As part of my 7th Tradition contributions to Cocaine Anonymous World Service Office, I authorize Cocaine Anonymous World Service Office (CAWSO), to initiate variable entries to my account described below:

Type of Account:  Credit Card  Debit Card  Savings

Credit Card or Debit Card Name: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Financial Institution's Name: \_\_\_\_\_

Financial Institution's Address/Branch: \_\_\_\_\_

If using a savings account, please include a deposit slip.

### **PAYMENT DETAILS:**

Amount in U.S. Dollars: \$ \_\_\_\_\_ Date of first payment:  1<sup>st</sup> of month  15<sup>th</sup> of month

### **PAYMENT FREQUENCY:**

Monthly  Annually  One-time basis Effective date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (MM/DD/YYYY)

This authority is to remain in full force and effect until CAWSO has received written notification from me of its termination in such time and manner as to afford CAWSO a reasonable opportunity to act on it.

Name: \_\_\_\_\_  
(Please print name as it appears on the account)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City and State/Province: \_\_\_\_\_ Country: \_\_\_\_\_

Zip/Postal Code: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_ Evening Phone/Cell: \_\_\_\_\_

**PLEASE MAKE A COPY OF THIS COMPLETED FORM FOR YOUR RECORDS**

(The complete World Service Contribution Program brochure, which includes this form, is available for download at [www.ca.org/contribute.html](http://www.ca.org/contribute.html))

# Respecting the C.A. Logo

[Continued from page 1]

Also, we need to be cautious as to how the public may perceive this web page and how the website represents Cocaine Anonymous as a whole. And lastly, as guardians of the Twelve Traditions, and concerned members that stand behind the effective voice of the Fellowship as directed through the C.A. World Service Manual, we need to further educate our Fellowship as to the potential harms this web page might have. To elaborate, we refer to the following Traditions:

*Tradition 6: A C.A. group ought never endorse, finance or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.*

*Tradition 10: Cocaine Anonymous has no opinion on outside issues; hence the C.A. name ought never be drawn into public controversy.*

*Tradition 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.*

*Tradition 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.*

The WSBT's position is that the use of the C.A. logo and our protected trademarks on unauthorized web pages/websites is not within the Traditions, and we are concerned as to the interpretation of possible affiliation, endorsement, controversy, and overall anonymity.

Additionally, we are guided by the long form of the Fourth Tradition, which provides in part: "And no group, regional committee, or individual should ever take any action that might greatly affect [C.A.] as a whole without conferring with the trustees ... On such issues our common welfare is paramount." Also in the narrative text of the Fourth Tradition (*Twelve Steps and Twelve Traditions*, page 147), the inquiry seems to turn to whether the action taken would/might "greatly" injure C.A. as a whole. In that same paragraph is the notion that for the group,

"Sobriety had to be its sole objective. In all other respects there was perfect freedom of will and action. Every group had the right to be wrong."

We trust that individuals and/or groups who may launch a page on the internet using the C.A. logo and/or its protected trademarks have done so without intent to harm or desire to injure C.A., or the membership/Fellowship.

As we attempt to educate the Fellowship, we refer to our "Statement of Policy," stated below, from the C.A. World Service Manual, 2009 edition, page 13, that sets forth specifically who can and who can't use our registered trademarks, etc.:

## STATEMENT OF POLICY

*Who may use the name "COCAINE ANONYMOUS," the block letters "C.A.," the official COCAINE ANONYMOUS LOGO (hereinafter "logo"), future variations of the logo, the book title "HOPE, FAITH & COURAGE: STORIES FROM THE FELLOWSHIP OF COCAINE ANONYMOUS," and the motto "WE'RE HERE AND WE'RE FREE":*

*A. A Cocaine Anonymous "Group" as defined herein, for its function of organizing and operating a regularly scheduled C.A. meeting. A C.A. Group may not use the name, letters or logo for any other purpose (including without limitation, dances, conventions, memorabilia, or fund-raising events) without the prior written consent of its Area/District Chairperson after a vote taken by the Area/District Service Committee.*

*B. A Cocaine Anonymous "District," "Area," or "Region."*

*C. Cocaine Anonymous World Service Office, Inc. (a California corporation) and Cocaine Anonymous World Services, Inc. (a California corporation).*

*The service body granting the use of the C.A. logo shall be responsible for ensuring that the proper C.A. logo, with applicable trademarks as shown below, is used on printed materials and memorabilia.*

*No other individual or entity may use the name "COCAINE ANONYMOUS", the block letters "C.A.," the official COCAINE ANONYMOUS LOGO (hereinafter "logo"), future variations of the logo, the book title*

*“HOPE, FAITH & COURAGE: STORIES FROM THE FELLOWSHIP OF COCAINE ANONYMOUS,” and/or the motto “WE’RE HERE AND WE’RE FREE” without the written permission of the Cocaine Anonymous World Service Board of Trustees.*

*Cocaine Anonymous groups, meetings and service committees should only use, display, distribute or sell the following literature and materials: the WSC-Approved Literature set forth in the Appendix, the books “ALCOHOLICS ANONYMOUS,” “TWELVE STEPS AND TWELVE TRADITIONS,” and “The A.A. Service Manual, combined with the 12 Concepts For World Service,” and Cocaine Anonymous World Service, Region, Area, District and group/meeting approved flyers, meeting*

*directories and other materials displaying the C.A. logo as described above.*

The WSBT feels that the manual is clear on who can use the service marks and for what purposes. Anything outside of that is a violation. Our position in the future will remain as stated above, and in our attempt to protect our Traditions, we will be working with the World Service Internet Technologies Committee to contact those in violation, encourage them to willingly remove the C.A. logo, the Cocaine Anonymous name, C.A. motto, and any service marks on the page. If no satisfactory outcome is reached, The WSBT will then set forth correspondence that will involve a “cease and desist” letter. In all cases, we have faith that with the proper understanding of the Traditions and the World Service Manual, there will be a positive outcome.

## **Letter from the C.A. World Service Conference Finance Committee**

To C.A. Area Chairpersons and Delegates:

This letter is to inform you that the C.A. World Service Office is experiencing dramatic reductions in revenue from the sales of books, chips and literature as well as from Seventh Tradition support. For the year ended June 30, 2009, revenues were approximately \$70,000 less than budgeted. Despite that significant decline, the loss for the year just ended was only approximately \$15,000 due to reductions in program services and administrative expenses, along with convention net revenue being greater than anticipated.

Clearly, the economic distress being experienced by all isn’t excluding Cocaine Anonymous. We are asking that each Area emphasize at its meeting that continued and increased support through the Seventh Tradition is necessary to maintain World Service operations in the manner set by the Fellowship through its Conference. Our Traditions emphasize sacrifice of self in the interest of the whole and now is a time to reflect on our common purpose and the means to continue its achievement.

We are sure that our members are being inundated with requests from many different organizations for contributions. May we suggest this approach: prioritize based on your truth, and if your truth is that everything important in your life is

contingent on continuing to live clean and sober, begin there. Since sobriety is based on the daily reprieve given by the maintenance of our spiritual condition, the consideration is that living into the common purpose of C.A., carrying the message to the still-suffering addict, is the crux of spiritual work. Our Seventh Tradition is an opportunity for us to set aside self-interest for the interest of the whole.

Finally, “... we view with much concern those [C.A.] treasuries which continue, beyond prudent reserves, to accumulate funds for no stated [C.A.] purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money and authority.”\* As trusted servants in leadership roles for this Fellowship, we should each scrutinize the activities of our areas, districts, groups and committees with respect to the Seventh Tradition, ask if we are living into the spirit intended by the Tradition, and make suggestions in accord with the result of our personal meditations and collective conscience.

Thomas W., WSC Finance Committee Chair

\**Twelve Steps and Twelve Traditions*, page 191, or *Big Book*, page 566.

# Farfrümusin

## 26<sup>th</sup> Annual World Service Convention

Milwaukee, Wisconsin USA

May 27-31, 2010

By Quin B.  
CAWS 2010 Chair

Greetings to all from the great State of Wisconsin, America's Heartland. We're throwing a party you do not want to miss. We're starting it all off on Thursday night with a Milwaukee tradition, frozen custard. For all you golfers, do we have a sweet deal: \$95 gets you 18 holes, cart, lunch and prizes. Then we jump into great speakers and workshops, a lunch cruise on beautiful Lake Michigan, "Brats" and chicken on the barbecue grill with all the fixin's, music, all kinds of games and a pick-the-speaker-out-of-a-hat kind of BBQ. We have a full-blown magic show, a hilarious comedian, a Fun Run/Walk on the shores of Lake Michigan, and a powerful original musical presentation, "One Day/Today." When you have a theme like Farfrümusin, you know we are out to celebrate our sobriety!!!

We have a great selection of registration packages available, from the \$99 basic to the

\$225 'I want it all' package. We also have an excellent assortment of very reasonably priced memorabilia that you won't want miss. Just \$125 a night gets you a room at our Milwaukee landmark hotel, located in the heart of the city. If you would like to bring the family, there is a dazzling indoor water park onsite.

**Register on-line today at [www.ca.org](http://www.ca.org).**

I personally welcome you to our convention and guarantee you will have a great time. If you have any questions, by all means call me at 414-550-5633 or send me an e-mail at [chair@caws2010convention.org](mailto:chair@caws2010convention.org). Thanks.

### Donations & Speakers Needed!!!

We are the Co-Chairs for Auctions/Drawings/7<sup>th</sup> Tradition & Golf Outing for CAWS 2010, Farfrümusin.

We would like to petition the Fellowship for any donations (recovery-related material, pictures, gift boxes, memorabilia, etc.) that we could auction off during the Auction/Drawing portion of the 2010 World Convention.

**If possible, we would like to have these donations by the end of this year, December 2009.**

We would also like to know if someone in the Fellowship knows of or has any speaker tapes that you would like us to consider for our speaker meetings. Please feel free to contact us for shipping addresses and additional information:

Paul D.  
414-350-6026 (Cell)

Dominic G.  
414-559-7022 (Cell)





# My Sponsorship Experiences

By Audz J.

Vancouver, British Columbia, Canada

When I first became a C.A. member, I was scared and lost. I had no idea how to live clean and sober and knew nothing of the 12 Steps or how they worked. Finding a sponsor was like finding a guide, someone who had walked the path and could show me the way. I was coming from a dark place filled with desperation and needed someone to show me there was hope and guide me towards a spark of light.

Finding a good fit in a sponsor was crucial for me—being able to form a bond, to develop trust in another. It took some time and a couple different sponsors before I found the right one. Each sponsor played a vital role in my recovery but there came a point when I had learned all there was for me in that sponsor and it was time to move on. For me it was also important to find a woman whose past held similarities with my own, so there were some common experiences that created a level of understanding and empathy that only one who has been there can have. I believe my current sponsor is truly a gift bestowed to me by my Higher Power. With her support and loving guidance, I have truly been able to grow in my sobriety.

I have been in the program of Cocaine Anonymous for some time now and have had the honour of working with a number of sponsees. The growth and knowledge that I have experienced from this is incalculable. Learning about myself through my own Step work helps me to look at myself, my strengths and my defects, and shows me where to work on myself. Doing work with my sponsees gives me all new insight. For me, I grow and learn so much about myself and who I want to be when working with others. I don't believe I have ever given a suggestion to a sponsee that I didn't need to hear myself. The light bulb really goes on for me when I hear words of wisdom that come out of my own mouth. The lessons I receive through working with a sponsee teach me the most. By sharing with another, I fully teach myself how I want to live and who I want to be. This is one of the greatest rewards I receive for giving back what was given to me. I will be forever grateful to both those who have sponsored me and those I have sponsored.

The NewsGram is always looking for material that communicates a message of hope, faith and courage. We welcome original articles from our members sharing their experience with recovery, unity and service in C.A. If you have such an article (or perhaps an idea, cartoon, poem, story or other material related to recovery in C.A.) that you would like considered for publication in a future issue of the NewsGram, please send it and the completed release form on page \_ to: NewsGram Editor, c/o CAWSO, 3740 Overland Ave., Suite C, Los Angeles CA 90034, or via e-mail to newsgram@ca.org. E-mail submissions are preferred. If you e-mail your submission, the form can be scanned and attached as a pdf or faxed to the WSO at 310-559-2554, Attn: NewsGram.

## A Glimmer of Hope

By Ron W.  
Vista, California, USA

In the briefest of moments  
Everything became clear  
My life never would change  
If I kept living in fear

But what was the fear  
And from where did it come  
And why had it been present  
Ever since I was young

I spent all those years frightened  
About what you might see  
And what you would think  
If you saw the real me

So I became an expert  
At wearing my mask  
And having the answer  
To the questions you'd ask

If the mask did not work  
I would turn back inside  
To that place in my head  
Where I knew I could hide

Until I believed it was safe  
And nothing else could get in  
Then out came a new mask  
And it would all start again

This insanity continued  
Until any motive to try  
Had been so long forgotten  
I just wanted to die

I really don't know  
What was different that day  
And I have no explanation  
Why I started to pray

Because I was convinced  
That GOD just couldn't be  
And if by chance HE existed  
HE sure wouldn't want me

But feeling hopelessly lost  
I asked GOD to please give  
A small glimmer of HOPE  
And some desire to live

Then I gave up the struggle  
And surrendered my will  
Asking GOD to please let me  
Stay honest until

HE helped me find the courage  
To accept myself as I am  
Because I knew I could never  
Put that mask on again.



7 <sup>th</sup> Tradition January-March 2009		
Category or Location	Group Name/City	Total
<b>Anonymous</b>		\$90.35
<b>CANADA</b>		
<b>Alberta</b>	Northern Alberta Area	\$1,000.00
<b>Manitoba</b>	Manitoba Area	\$1,504.76
<b>Newfoundland</b>	Hope and Courage Group	\$176.61
<b>Quebec</b>	End of the Line	\$34.00
<b>UNITED KINGDOM</b>	CAUK	\$942.70
<b>UNITED STATES</b>		
<b>Arizona</b>	Arizona Area	\$2,135.00
<b>Southern &amp; Central California</b>	Anonymous - Los Angeles	\$323.15
	A New Beginning	\$20.00
	A Whole lot of Addicts	\$43.43
	Back to Basics	\$5.00
	CALA Long Beach Compton District	\$390.57
	CALA South Central District	\$1,465.98
	CALA South Central District H&I	\$27.64
	CALA Westside/Hollywood District	\$50.00
	Central California C.A.	\$225.00
	Come Alive Birthday Donation	\$90.00
	Eastside Earlybird Attitude Adjustment	\$150.00
	Inland Empire Area	\$100.00
	One Step at a Time	\$33.00
	Orange County Cocaine Anonymous	\$1,000.00
	Recovery In The Desert	\$35.00
	San Diego C.A.	\$2,066.43
	SGPVCA	\$518.63
	South Lake Tahoe District	\$60.00
	Spirit of Studio 12	\$4.70
	Sunday Night Madness	\$15.00
	Tuesday night Living with HIV	\$40.00
	WIECA	\$150.00
	WSOB	\$93.00
<b>Northern California</b>	C.A. Northbay Service Group	\$60.00
<b>Colorado</b>	C.A. Area of Colorado	\$175.00
	C.A. of Colorado - Denver	\$175.00
	Dark Side of the Spoon	\$81.00
	Nirvana	\$76.30
	The Promises Group	\$90.00
<b>Florida</b>	District of Ft. Myers	\$150.00
	South East Florida District	\$54.00
<b>Georgia</b>	Monday Night Cocanuts	\$164.59
<b>Illinois</b>	Hope, Faith, Courage	\$15.00
	IACA	\$600.00
	Northwest Suburban District	\$390.25
	South & West District	\$88.46

7 <sup>th</sup> Tradition January-March 2009		
Category or Location	Group Name/City	Total
<b>Iowa</b>	Powell	\$100.00
	C.A. of Sidney, IA	\$80.00
<b>Kansas</b>	K. C. District of C.A.	\$90.00
	New Found Life C.A.	\$90.00
	Wichita District	\$160.00
<b>Maryland</b>	DC-MD-VA CA Area Service	\$25.00
	New Way of C.A.	\$26.00
	Positive Attitudes	\$25.00
	Keeping it Real	\$57.85
<b>Massachusetts</b>	Any Lengths	\$25.00
<b>Michigan</b>	Saturday Morning Alive	\$35.00
<b>Minnesota</b>	New Beginnings	\$19.00
	Wednesday Fairview C.A.	\$39.82
<b>Missouri</b>	C.A. Women's Luncheon - St. Louis	\$25.00
	End of the Line	\$34.00
	Working With Others	\$10.00
<b>Nebraska</b>	C.A. of Nebraska	\$207.39
<b>New Jersey</b>	New Freedom Group	\$175.00
<b>New York</b>	Sobertoast	\$60.00
<b>Oklahoma</b>	The Rock Stops Here	\$300.00
	Freedom for All	\$214.25
<b>Ohio</b>	AM Sunday C.A.	\$50.00
<b>Oregon</b>	C.A. of Oregon & SW Washington	\$500.00
<b>Western Pennsylvania</b>	Anonymous - Pittsburgh	\$20.00
<b>PA/NJ/DEL</b>	PA/NJ/DE Area	\$300.00
<b>Rhode Island</b>	Anonymous	\$15.00
<b>South Carolina</b>	Common Solutions Group	\$125.00
<b>Texas</b>	Anonymous	\$170.00
	Bonnie Brae Group	\$140.34
	Freedom	\$46.00
	Step Sisters	\$150.00
	Texas Area Service Committee	\$851.20
<b>Washington</b>	Rocket Up!	\$25.00
	Spiritual Lines	\$25.00
	WSCA District 5	\$90.00
<b>Wisconsin</b>	Razor's Edge	\$60.00
	Vision for You	\$15.00
	Fri Nite Uncolas	\$80.00
	First Things First	\$30.00
<b>WORLD CONTRIBUTION PROGRAM</b>		\$4,776.00
<b>Total January-March 2009</b>		<b>\$24,176.40</b>

7 <sup>th</sup> Tradition April-June 2009		
Category or Location	Group Name/City	Total
<b>Anonymous</b>	Anonymous	\$1,325.00
<b>CANADA</b>		
<b>Alberta</b>	SNL	\$125.00
<b>Ontario</b>	Ounce of Courage	\$389.25
<b>Manitoba</b>	C.A. Montreal	\$5,000.00
<b>Switzerland</b>	C.A. Geneva Switzerland	\$100.00
<b>UK</b>	CAUK	\$2,175.81
<b>Alabama</b>	A Day and a Life Group	\$50.00
	Anonymous - Hoover	\$46.00
<b>Arizona</b>	Anonymous - Gilbert	\$500.00
	Sun Valley Intergroup	\$1,800.00
<b>Arkansas</b>	Arkansas Area	\$1,500.00
<b>Southern</b>	Anonymous - Corona Del Mar	\$200.00
<b>&amp; Central</b>	Anonymous - Los Angeles	\$150.00
<b>California</b>	Back to Basics	\$25.00
	CALA Long Beach Compton District	\$362.45
	CALA South Central District	\$600.00
	CALA Westside/Hollywood District	\$200.00
	Central California C.A.	\$150.00
	Come Alive Birthday Donation	\$167.00
	Eastside Earlybird Attitude Adjustment	\$150.00
	Foothill District	\$500.00
	Inland Empire Area	\$50.00
	Men on a Mission	\$5.00
	Orange County C.A.	\$500.00
	Recovery In The Desert	\$90.00
	Roach Clips	\$12.00
	San Diego Area	\$408.23
	SFVCA Central Office	\$1,000.00
	SGPVCA	\$312.81
	Sunday Night Madness	\$15.00
	Wed Night C.A. Riverside	\$15.29
	What the hell am I doing here on a Saturday Night	\$33.00
	WIECA	\$500.00
	WSOB	\$38.00
<b>Northern California</b>	C.A. Northbay Service Group	\$27.00
<b>Colorado</b>	C.A. of Colorado	\$350.00
	The Promises Group	\$90.00
<b>Georgia</b>	Coconuts	\$107.14
	New Life	\$12.04
	Welcome Home	\$75.00
<b>Illinois</b>	Fresh Start	\$100.00
	Illinois Area of C.A.	\$900.00

7 <sup>th</sup> Tradition April-June 2009		
Category or Location	Group Name/City	Total
<b>Illinois (cont'd)</b>	Northwest Suburban District	\$359.98
	South & West District	\$355.52
<b>Louisiana</b>	Flying Higher	\$70.00
<b>Michigan</b>	Saturday Morning Alive	\$15.00
<b>Minnesota</b>	Anonymous - Minneapolis	\$11.50
	Monday Night New Beginnings	\$25.00
	Saturday Night Live	\$50.00
	Wednesday Fairview C.A.	\$34.02
<b>Missouri</b>	End of the Line	\$25.03
	Fried Pipers & Coconuts	\$10.00
	Home Group	\$20.00
	Message of Hope	\$40.00
<b>Nebraska</b>	C.A. of Nebraska	\$237.66
<b>New Jersey</b>	New Freedom Group	\$50.00
<b>North Carolina</b>	Monroe Solution Group	\$20.00
<b>Ohio</b>	NEODCCA	\$100.00
	District of Columbus	\$1,000.00
<b>Oklahoma</b>	Freedom For All	\$32.30
	Oklahoma Area	\$783.00
	The Rock Stops Here	\$200.00
<b>Pennsylvania</b>	A Vision For You	\$93.00
	Anonymous - Philadelphia	\$30.00
<b>PA/NJ/DEL</b>	PA/NJ/DE Area	\$215.00
<b>South Carolina</b>	Camp Awakenings	\$18.00
<b>Texas</b>	Step Sisters	\$50.00
	Texas Area	\$707.93
<b>Washington</b>	Blade Runners	\$120.00
<b>Wisconsin</b>	C.A. of Wisconsin	\$762.93
	First Things First	\$75.00
	Fri Nite Uncolas	\$49.00
	Razor's Edge	\$78.00
<b>WORLD CONTRIBUTION PROGRAM</b>		\$4,345.00
<b>Total April-June 2009</b>		<b>\$30,138.89</b>

*Have questions about how to handle your group's 7th Tradition? See the 7<sup>th</sup> Tradition pamphlet and the Financial Guidelines for Groups, Districts and Areas (both of which are available at [www.ca.org](http://www.ca.org)), or contact your Regional Trustee.*

# Any Old Job?

By Josephine P.  
Plymouth, UK

Service provides me with a way to think of others. From my second meeting I was encouraged to stand out on the doorstep, ready to welcome the newcomer. My sponsor suggested I arrive early to help set up the chairs and stay behind to clean up ashtrays after the meeting had finished. Under the guidance of my sponsor, I worked my way through the C.A. service structure, starting at group level and now serving at Area. During the entire process, I have been guided by the literature and have followed the experience of those who have gone before me. Had I been given just any old job to do, regardless of required sobriety time or experience, it would have been extremely dangerous to Cocaine Anonymous.

The long form of Tradition One states in part that “[C.A.] must continue to live or most of us will surely die. Hence, our common welfare comes first. But individual welfare follows close afterward.” (*Big Book*, page 565, or *Twelve Steps and Twelve Traditions*, page 189.)

All of our guidelines are there to ensure that C.A. continues to live, so that we individuals do not die. By choosing our trusted servants carefully, we are placing the common welfare of C.A. first. Bill expanded on this principle in the Ninth Concept. He clearly felt that it was wrong to put people into service positions just because they were willing to do the job. That willingness may keep people sober, but it will not ensure the future safety of C.A.

Bill stated that “the operating results of our structure can be no better than the personal performance of those who must man it and make it work” (*The A.A. Service Manual Combined With Twelve Concepts for World Service*, page 36). If we don’t find the right people for our many service tasks, our general services will eventually fall apart. Our general services are things like the helpline, website, distribution of literature, Public Information—all the things which help carry our message to the still-suffering addict.

If my home group elects a secretary who is unfamiliar with our 12 Traditions, the message will not get carried effectively to the newcomer. The secretary’s job is to ensure the smooth running of the meeting. It is essential that they have the confidence to put a stop to any behaviour that may prevent the newcomer hearing our message of recovery. A meeting where anything goes eventually becomes a meeting where nobody goes.

Similarly, if my home group elects a GSR who does not have enough experience, confidence and knowledge to

do the job properly, then the general service structure starts to suffer. Can my group trust that my GSR will have the confidence to speak up on important issues at district? Can we be assured that he/she has sufficient knowledge of our literature to make informed choices on our behalf?

We need to start preparing our world service delegates from the moment they walk into their first meeting. When we give a newcomer the job of picking up cigarette butts, we are doing more than ‘giving him a job.’ We are introducing him to our service structure. He will be putting our Concepts and Traditions into practise without even knowing it. It’s vital that we encourage people to start reading service literature early on. When that newcomer who started off picking up cigarette butts eventually becomes a world service delegate, I need to know that I can trust him to act on my behalf for the good of C.A. I was given the following reading plan by my sponsor, which some people may find helpful:

1. A.A.’s *Twelve Steps and Twelve Traditions* (once I had finished my Step 5);
2. C.A.’s pamphlets *The Home Group* and *Being of Service* (before becoming group secretary);
3. The *C.A. World Service Manual* (once I became group secretary); and
4. The *AA World Service Manual Combined With 12 Concepts for World Service* (before doing service at district).

By sticking to a structured way of introducing people into service, we are very much caring for the welfare of the individual. Positions at the district and area level involve a huge amount of responsibility. It is unfair to put inexperienced people under that much pressure. Time and time again, I have seen service workers hand in their post after a couple of months because they simply can’t cope. They often feel intimidated in committees because of their lack of knowledge. This has a damaging effect on people’s self-confidence and their willingness to be of service in the future.

We must also consider our relations with the public. Our Public Information Committees represent the face of C.A. to the general public. It is vital that we maintain good relations with the public, as these will be the people who recommend us. We need to choose PI service workers who know how to apply our Traditions.

If we want our Fellowship to survive, we need to think carefully about the way we sponsor newcomers into our service structure.

# PI Corner

By Alan S.  
Sarasota, Florida, USA

Working within my local district and area PI Committees has been very rewarding for me. I first became interested in Public Information six years ago when I was at a convention in Florida and picked up a PI handbook that was on the resource table. I had been taught that I had to give this away so I could keep it and PI seemed like the perfect way to do it. There were many trials and errors in the beginning, seeing as my district had the first PI committee in Florida. I was given a crash course in the Traditions. Teri K was the World Service Conference PI Committee Chair at the time, so I would call her. She would tell me to first “read the handbook” and to call back with questions after that. I was made to do the work.

Since that time our local district PI Committee has grown. We have had the opportunity to place the CAWSO PI public service announcement (PSA) on our local cable affiliates. In addition, we have placed posters with our local C.A. hotline on the county buses. We as a committee have written the local judges, public defenders and state attorneys to let them know that “We’re here and we’re free.” As a result, we have been asked to speak in the local Drug Courts and have been doing so for four years.

I have learned many things since becoming involved in PI. First and foremost is that I am not that important; I am only a trusted servant. Second is to have an open mind. The Steps tell us how this program works and the Traditions tell us why the program of C.A. works. C.A. has given me my life back and I am honored to be able to be able to give back by doing service work in the capacity of PI.

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# Help Write Our First Meditation Book

Wouldn't it be great to have a C.A. meditation book to read out of each day?  
We need **YOU** to help make it a reality!

Perhaps you're thinking that with a Fellowship as large as C.A., more than enough submissions must have been sent in by now. Here's the reality: **We've received fewer than 150 submissions in over 4 years. That means we still need hundreds more in order to complete the book.** Or maybe you're thinking that you don't write well enough; never fear, we have committee members and a professional editor to help 'polish' whatever you write; what we can't do is come up with YOUR experience. Perhaps you already write about your recovery in journals, Step work or C.A.'s online meetings. We have our wonderful *Hope, Faith & Courage* books because so many of our members were willing to take the time to share their story. Why not submit your experience, strength and hope for the meditation book?

- ▶ **Content should focus on the C.A. message of recovery, for example:**
  - ▶ The application of the Steps and/or Traditions in your daily life.
  - ▶ Your experience with a Higher Power (not to be nosy, but just how do you communicate with the Higher Power of your own understanding?).
  - ▶ An experience you found particularly uplifting or powerful.
  - ▶ A solution to an issue or character defect you've dealt with.
  - ▶ A thought to ponder in meditation and/or throughout the day.
- ▶ **Personal experience must be the author's original content**
- ▶ **Length should be approximately 250 words or less**

In addition to a personal excerpt, each daily reading will contain a quotation from C.A. Conference-approved literature. If there's a particular passage that relates to your recovery experience, please share it with us. Please summarize your personal passage in a sentence or two to be used as the thought of the day.



February 7<sup>th</sup>

*"What we failed to do alone, we can do together."*  
(Tools of Recovery)

We share our experiences at meetings because it helps us to stay sober. By sharing, we express our love for others who might be having the same difficulties and joys we have had. It helps us all to understand we are not alone and that we have common situations we work through on a daily basis.

Thought of the Day

I will share my experience today so that others may take comfort in the knowledge that others have been there and done that. I will share my experience today in the hope someone will help me. I will share today to bring us together.

For more information,  
please call 310-559-5833

E-mail your documents to [submissions@ca.org](mailto:submissions@ca.org) or by regular mail to:

CAWSO, Inc.  
Attention: LCF Committee  
3740 Overland Avenue Suite C  
Los Angeles, CA 90034-6337

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## Calendar of Events (continued on page 16)

### September 10-13, 2009

#### **Big Sur-enity 2009 Campout**

Central California Area

**LOCATION:**

Fernwood Campground, Big Sur, CA

**CONTACTS:**

Hotline, 805-969-5178

### September 11-13, 2009

#### **Florida Area C.A. Convention**

##### ***A Good Day in Tampa Bay***

**LOCATION:**

Doubletree Hotel Tampa Westshore Airport  
4500 West Cypress Street  
Tampa, FL 33607  
813-879-4800

**CONTACTS:**

John D., Committee Chair 813-245-2511

Jason H., Vice-Chair 813-453-6001

Asya A., Treasurer 813-503-4949

Ashley K., Hotel Liaison 813-802-7274

### September 11-13, 2009

#### **BC Area Convention**

##### ***2nd Annual Great Canadian Convention at SuperNatural Serenity***

**LOCATION:**

Executive Plaza Hotel  
405 North Road  
Coquitlam BC, Canada  
888-433-3932

**CONTACTS:**

Don F., Convention Chair (604) 657-5241

Simonne M., Convention Vice-Chair (778) 320-7732

Kris J., Registration Chair (778) 394-3949

Kellie F., Hotel Liaison (604) 808-8496

### September 19-20, 2009

#### **Georgia Area C.A. Convention**

##### ***Rarely Have We Seen a Person Fail***

**LOCATION:**

Marriott Century Center  
2000 Century Boulevard NE  
Atlanta, GA 30345  
1-800-228-9290

**CONTACTS:**

Chris R., Convention Chair 770-882-9254

Mike S., Registration Chair 770-337-9052

Tom S., Treasurer 404-786-2167

Todd S., Outreach Chair 404-819-2602

### September 24-27, 2009

#### **Recovery in the Rockies XX**

##### ***We Will Know Peace***

Utah Area

**LOCATION:**

Park City  
1895 Sidewinder Drive  
Park City, Utah  
1-800-234-9003

**CONTACTS:**

Bruce H., Vice Chairperson 801-864-2582

### September 25-27, 2009

#### **5th Annual Scottish Convention**

##### ***Freedom***

Scottish Area / European Region

**LOCATION:**

The Beardmore Hotel & Conference Centre  
Beardmore Street  
Clydebank, Glasgow  
+44 (0)141 951 6006

**CONTACTS:**

Gemma, Convention Chair 07872 334 986

Jane B., Registration Chair 07528 824 216

Catherine E., Programming Chair 07796 264 023

Get Your Local Event Listed! Use the form at [http://www.ca.org/event\\_form.html](http://www.ca.org/event_form.html) to get your event listed both on the web and in the NewsGram, or notify us by mail to NewsGram, c/o CAWSO, 3740 Overland Ave., Suite C, Los Angeles, CA 90034, by e-mail to [newsgram@ca.org](mailto:newsgram@ca.org), or by fax to 310-559-2554, Attn: NewsGram.

## Calendar of Events (continued from page 15)

### October 2-4, 2009

#### 2009 Midwest Regional Convention

##### *Alive in the Midwest*

Nebraska Area

##### LOCATION:

Double Tree Hotel  
1616 Dodge St.  
Omaha, Nebraska  
(402) 346-7600

Nebraska Area is looking for anyone who would love to be of service, and chair a marathon or workshop. Contact Arrick A. 402-212-4465

##### CONTACTS:

Terry J., Registration Chair (402) 812-7013  
Doug W., Convention Chair (402) 706-0267  
Willie A., Hotel Liaison (402) 689-1722

### October 10, 2009

#### 2009 Ohio Men's Conference

Ohio Area

##### LOCATION:

Akron City Hospital  
55 Arch St.  
Akron, Ohio 44304  
330-762-7028

##### CONTACTS:

Eddie J., Chairman 330-762-7028  
Terry D., Chairman 330-374-3777

### October 23-25, 2009

#### 2009 Washington State C.A. Convention

##### LOCATION:

Downtown Everett Holiday Inn  
3105 Pine Street  
Everett, Washington  
(425) 339-2000

##### CONTACTS:

Greg B., Convention Chair (425) 345-4115  
Laurie L., Registration (425) 315-2134  
Ingrid R., Outreach (425) 238-9805

### October 23-25, 2009

#### 19th Southwest Regional Convention

##### *Viviendo La Vida Nueva*

Texas Valley Area

##### LOCATION:

Casa Del Palmas Hotel (Marriott)  
101 North Main Street  
McAllen, Texas  
956.631.1101

##### CONTACTS:

Hal K., Convention Chair 956-491-2237  
David S., Area Chair 956-212-6695

### November 6-9, 2009

#### C.A. PA-NJ-DE Area Convention

##### *Hope In Our Hearts*

##### LOCATION:

Four Points by Sheraton Hotel  
9461 Roosevelt Blvd. (US Route 1)  
Philadelphia, PA  
(215) 671-9600, (800) 368-7764

##### CONTACTS:

Dan L., Convention Chair 267-987-5065  
George F., Convention Vice Chair 215-715-4042  
Jim D., Registration Chair 267-970-6448

### November 6-8, 2009

#### Southern Ontario Cocaine Anonymous Convention

##### *Rocketed into the Fourth Dimension*

##### LOCATION:

Best Western Primrose Hotel  
111 Carlton Street  
Toronto, Ontario, CA  
(416) 977-8000

##### CONTACTS:

Steve V., Convention Chair 416-500-4238  
Kenny S., Registration Chair 416-667-7517  
Scott P., Programming Chair 416-889-2171  
Cameron F., Convention Vice Chair 416-533-6024