In May 2002, I attended the CAWS Convention in Portland, Ore., a really great and inspiring event for me.

It was during this convention that I was given a Starter Kit to bring back to Hong Kong, to try to establish a CA meeting in my part of the world.

Apart from a sporadic NA meeting most cocaine addicts, including myself, attend the local AA meetings.

AA in Hong Kong is a tremendous fellowship and we have always considered ourselves fortunate to have such an open and giving fellowship to attend and be part of.

Once back in Hong Kong, after meeting with some of the members of AA we were given one of their smaller rooms to start a CA meeting on Tuesday evenings.

Our first meeting was Sept. 24, 2002, and five people attended. Everyone attending this first meeting was very happy that CA was at last around, but in spite of this attendance petered off after a month to just two or three people.

In fact on many occasions only Craig J. and/or myself turned up each week at the meeting.

Boy, did Craig and I share a lot of things with each other during the weeks and months that this happened!

In spite of the struggle to reach greater numbers in our fellowship, we were never downhearted. We felt that as cocaine addicts, the point for us was to be there and to be available for anyone who wanted to be part of the fellowship of Cocaine Anonymous.

We strongly felt that God could and would allow the CA message to be passed on as and when he felt it necessary.

On March 4, 2003, we had a couple of visitors from the UK attend our Tuesday night meeting, and this gave us a record attendance of six people!

I remember how we all gave a big cheer when that meeting started. Attendance then went back to between two to four people but we were starting to receive “hot line” calls, often through AA Hong Kong and while a few of the callers were ready to attend meetings, our contact and conversations with them was working for us; we were carrying the message and keeping what we had by giving it away!

Then, in January of this year, attendance suddenly picked up. We started to get four, five and six people at meetings, which culminated in a record seven attending our last meeting on March 3, 2004.

Six people were about to listen to the opening CA readings, when suddenly the door opened and a seventh came in to an almighty cheer from us all, as we knew the arrival of this “newcomer” had broken our record!

When we welcomed and told our newcomer why we had cheered, he broke into a huge smile and said he was happy to be able to do something so positive for a change.

Right now the enthusiasm and gratitude from our small group is amazing. Maybe we will drift back to smaller numbers in the future - who knows?

Whatever happens, we now have a CA fellowship in Hong Kong that is helping to keep addicts clean and for us to be able to be of service and show our gratitude in this way is an amazing experience.

The Fellowship in Hong Kong
CAWS Board Of Trustees

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Notes from the WSO

The WSO is starting to go into the “press-out” mode what with the World Service Convention at the end of this month and the World Service Conference at the end of August. What this means is that our bi-monthly meetings are going longer again (e.g. 11:30 p.m. to midnight) instead of 10:30 p.m. or so. It’s a challenge, but we all know it is worth it because it is for CA.

Speaking of the convention, I want to continue to thank all of the work the “Spotlight on Recovery” folks have done to make this another great and profitable convention. It’s inspiring to see the dedication and long hours they have been and are spending to bring this to us. Hope all of you can make it.

We’ve also been working with the other convention committees, 2005 at Memphis, 2006 at Calgary and 2007 at Kansas City. As usual, registration forms for 2005 will be available at this years’ convention.

We are also getting excited about the progress on the new storybook, which is moving forward very quickly.

Lastly, we at the WSO wish to thank all of you in the fellowship who have joined the CA Contribution program. Its exciting how this new program is starting to grow. Remember, if just 750 members donated $5 per month, CAWS’s income would be increased $45,000 each year! Incredible isn’t it?

I also want to thank all of the meetings, districts and areas who have shared their donations with us. Please be assured that we never forget that these contributions are the result of ‘dollars in the basket’ and are to be spent as carefully as possible. If you are not sure how much your area or district has contributed, just look on page seven of the NewsGram.

Thank you for all of your support.

Bob C.
Chair of the WSO

The NewsGram is always looking for submissions. If you have ideas, cartoons, poems, stories or any other recovery related material send it and the release form below to: NewsGram Editor, C/O CAWSO, 3740 Overland Ave., Suite C, Los Angeles CA 90034. We cannot publish your submission without a release form.

Name: ______________________ Phone: ______________________
Address:________________________
City:_________________ State: ___________ Zip:______________

I hereby give CAWSO and the NewsGram express permission to reprint my original work entitled: _____________________________

________________________________________________________
Signature:_____________________________________________

Submissions may be edited for publication. Submissions cannot be returned.
UK Convention is Fantastic!

BY DAVID L.
TORONTO, CANADA

I recently got back from attending my first convention in the UK – and am still feeling overwhelmed by my experience there.

After a long flight I was met by a new friend at Heathrow Airport, and driven to a little welcoming get-together at the home of our regional trustee Jackie S.; then a late-night tour of downtown London and to bed.

The next afternoon, following some mandatory shopping I caught a slam door train south to Bournemouth with some CA friends from the USA.

The next morning we were picked up by small buses and dropped by a local treatment center, where all the clients were welcomed onboard for a day trip to Stonehenge — an awesome experience — and then on to Winchester, where we congregated at the famous Winchester Cathedral.

The Big Book came alive for me on the front lawn when I stood in front of the tombstone of the grenadier mentioned by Bill W.

The Cathedral was amazing and I cannot fully explain my feeling standing in those ancient galleries.

We all congregated at a building, where I had the honor and privilege of attending and participating in the very first Cocaine Anonymous meeting held at Winchester Cathedral. What made for an unforgettable experience, for this addict, was the tremendous job done by Outreach, so that this unique experience was shared with so many newcomers. Carrying the message indeed.

The convention started the next day with a level of excitement and enthusiasm that I can honestly say I have never experienced before. The lounge area was packed from morning to night, hallways were jammed, meeting rooms, restaurants and even the swimming pool and whirlpool were filled with friends and fellowship. Recovery was everywhere.

Our Regional caucus was attended by representatives from Canada, the United States, the UK, Sweden, Holland,

Please see UK Convention on page 7

Want to help the World Service Office during the World Service Conference? We need members to help run copy machines you do not need to be a delegate to help serve the fellowship as a whole.

DATES OF EVENT: SEPTEMBER 1-5
TIME: DAILY FROM 9 A.M. TO 9 P.M.
CONTACT MISS PATTY AT THE WSO @ 310- 559-5833.
OR E-MAIL: CONFERENCE@CA.ORG

Entirely ready

SHEILA E.
LOUISIANA AREA CHAIR

Step 6:
Were entirely ready to have God remove all these defects of character.

I did not realize the magnitude of my character defects until I did a fourth and fifth step.

I had to acknowledge them and become willing to do something about them. I did with Step Six.

Willingness is the foundation of Step Six. I had to become willing to have everything that blocked me from the sunlight of the spirit removed. I had to look at what had been written and revealed in Step Four and Five.

I could not shy away from my reality, but use it as an instrument of freedom in Step Six.

By doing my inventory on a daily basis, and letting what to do grow out of that, I have learned that character is built through patience, self-esteem and humility.

Dear God,
I am ready for your help in removing from me the defects of character, which I now realize, is an obstacle to my recovery, help me to continue being honest with myself and guide me toward spiritual and mental health…..Amen

Where to write

CAWS
Board of Trustees
P.O. Box 492013
Los Angeles, CA 90049-8013

CAWSO
Board of Directors
3740 Overland Ave., Suite C
Los Angeles CA. 90034-6337

Step 6:
Willingness is the foundation of Step Six. I had to become willing to have everything that blocked me from the sunlight of the spirit removed. I had to look at what had been written and revealed in Step Four and Five.

I could not shy away from my reality, but use it as an instrument of freedom in Step Six.

By doing my inventory on a daily basis, and letting what to do grow out of that, I have learned that character is built through patience, self-esteem and humility.

Dear God,
I am ready for your help in removing from me the defects of character, which I now realize, is an obstacle to my recovery, help me to continue being honest with myself and guide me toward spiritual and mental health…..Amen

Dear God, I am ready for your help in removing from me the defects of character, which I now realize, is an obstacle to my recovery, help me to continue being honest with myself and guide me toward spiritual and mental health…..Amen
Tradition Five:
Each group has but one primary purpose – to carry its message to the addict who still suffers.

Is your group carrying the message?
I have been in the program for a few 24’s and it is my experience that the groups that stick with the message will grow and flourish.

Those groups seem to be driven by those members who understand, to the very core of their being, that they only have today. There is no cure for our disease, only a daily reprieve.

They also seem acutely aware that there are addicts out there that are suffering, living in the misery and hopelessness that we all once knew.

They also seem to understand that we have been placed in a unique position. We have been given the ability to reach someone who has no future, no hope and to show them there is a way out.

I know that our opening says, “rarely have we seen a person fail,” but at the end of Dr. Bob’s story in the Big Book he says “It never fails.” We need to remember how we got to where we are now. We may have arrived on different ships but we are all in the same boat.

It has been my experience that too many times a group turns into a social club or an hour-long rap session. Many newcomers have been taught in treatment centers that it is a good thing to talk over your problems, to let it out. Don’t let them or even veterans of the program turn your meetings into a whining session.

Sure, it is good to let it out, talk about what is bothering you. And the social side of our life is also very important. After all, who would want to be here if it wasn’t any fun?

The unity days, campouts, dances and conventions will always be there and are an important part in many of our lives. But, we all need to remember our primary purpose, the core of our being. The one thing we all have in common and know will work, regardless of where we came from or what is going on in our lives at the moment. We need to always talk the solution and not the problem.

We need to find within our groups those with the time and desire to reach out. Take H&I meetings. Offer rides to those that can’t get there.

To “carry the message to the addict who still suffers.”

---

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Subscriptions are being accepted for the NewsGram. For the low price of $10 per year, you can receive each copy of the NewsGram before your friends or your group. Simply complete the form below and enclose a $10 check, money order or credit card number. Send to: NewsGram, C/O CAWSO, 3740 Overland Ave., Suite C, Los Angeles, CA 90034

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Name:__________________________________________________________________________

Address:________________________________________________________________________

City:__________________________ State:______________ Zip/postal code:_____________

Telephone Number: (_____) ________-_______________ Country:________________________
Tweekin’ out windows
Crawlin’ on the floor
Noisy birds were chirpin’ outside
Covered up vents & peepholes in the doors
Cops, FBI, shadow people
Haunting you and me

Lightin’ up the pipe, layin’ out the lines
Friends sticking needles in their arms each night
Voices outside were really voices in my mind
Thoughts I could never fight

Went to any lengths to get away-
Could not breath, could not think
Did not know how to pray
Didn’t know there was a way out
Found I had power no more

Just say no and thinking it through
Those methods did not work for me
I told my friends I needed help
They told me it doesn’t cost a dime
A 12-Step program called C.A.

I love C.A. (We love it!)
I love C.A. (We love it!)
We love C.A.

I went to meetings
I worked the steps
I learned a better way of life
Being of service
To God and others
There’s nothing like it nowhere

12 Steps & Traditions? (We love it!)
Going to conventions? (We love it!)
Sitting in committee meetings? (We love it?)
We’re free! (We love it!)
We love C.A.

I love C.A. (We love it!)
I love C.A. (We love it!)
I love C.A. (We love it!)
## 7th Tradition Donations

**January - March 2004**

### Alabama
- Anonymous - Orange Beach $35
- The Open Door Group $50
- First Freedom Group - Birmingham $120
- Jasper CA $10

### Arizona
- Anonymous Individual - Phoenix $10
- CA of Arizona - Tucson District $448
- Cocanuts - Tucson $24
- No More Delusions $60
- Saturday Night Live - Tempe $149
- Sun Valley Intergroup $600

### Arkansas
- Arkansas Area $225

### California
- 211 In Progress - Los Angeles $52
- Total Anonymous Individuals - Los Angeles $344
- Back 2 Basics - Fountain Valley $20
- CA Inland Empire $250
- CA Conoma County intergoup $65
- CALA - Long Beach/Compton $1,141
- CALA - South Central $1,496
- Central California Area - Summerland $309
- Corner Stone $27
- Eastside Early Bird Attitude Adjustment - Long Beach $100
- Grateful in Granada $65
- Oldtimers/Newcomers Meeting/Topanga $30
- Rancho Park - Los Angeles $45
- Recovery on the Nickle $5
- Relapse Prevention $20
- San Diego CA $500
- San Fernando Valley CA $320
- San Gabrial - Pomona Valley CA $757
- Santa Cruz H&I $300
- Saturday Turning Point - Ventura $15
- Solana Beach Clubhouse $47
- Ten Years & Up - Los Angeles $50
- The Turning Point - SFVCA $50
- Tuesday Nite Men's Step Study - San Diego $69
- WSOB Meeting - Los Angeles $50

### Colorado
- Anonymous Individual - Lakewood $5
- Coconuts - Denver $93
- Crossroads - Wheatridge $29
- Denver District $75
- Denver District Meeting $74
- Dragon's Den - Denver $30
- Nirvana - Lakewood $254
- Relapse Prevention 101 - Denver $10

### Connecticut
- Anonymous Individual $100

### Florida
- Crack Busters $7
- Sober in South Beach - Miami Beach $10

### Georgia
- Cocanut - Lawrenceville $151
- End of the Line $128
- Georgia Area $5,500
- Today's Hope - Eastpoint $62
- Welcome Home Group $11

### Illinois Cont.
- Daytime Connections $30
- Hope Faith and Courage Meeting - Normal $25
- Illinois Area - Chicago $600
- NW Suburban District $1,074
- South & West District $325

### Iowa
- CA District 1 - Altoona $50
- Drop the Rock $35

### Kansas
- Free at Last - Shawnee $20
- Kansas Area Cocaine Anonymous - Wichita $30
- New Found Life $125
- Wichita CA District - Wichita $200

### Massachusetts
- CA Step Meeting - Cambridge $20

### Michigan
- Blind Faith - Lansing $40
- Broken Dreams - Monroe $5
- Central Michigan Area $20
- Lansing District $40
- Saturday Morning Alive - Lansing $40

### Minnesota
- CA of Minnesota $160

### Mississippi
- Anonymous - Jackson $4

### Missouri
- Anonymous Individuals $46
- Mens Meeting $49
- Working With Others $60

### Nebraska
- CA of Nebraska $275

*Continued on next page*
### 7th Tradition Donations  
**January - March 2004**

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*EDITOR’S NOTE: All amounts have been rounded off to the nearest dollar.*

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### Minority Opinion

**Anonymous**

**Concept 5:** Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

This concept expresses the principle of the “Right of Appeal” that all minorities whether it is our staffs, committees, boards or trustees should always be encouraged to file minority reports.

In addition, this concept allows for any person in our service structure, whether they are paid or not, to petition for the redress of personal grievance. This should be done without the prejudice or fear of reprisal.

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### UK Convention

**Continued from page 3**

Majorca and Hong Kong and those in attendance were able to share our varied yet similar experiences of recovery in Cocaine Anonymous world-wide.

The convention closed with a countdown, with every addict that stood with less than 30 days being called to the front of the hall and given a book. When the question was asked “Is there anyone here with a desire to stop using?” Two people went up to the front. They were brought up onto the stage and given books to thunderous applause – when suddenly and unexpectedly fireworks were set off on stage – bringing tears to my eyes.

As the convention closed I was reminded of how grateful I am to this wonderful program for the new life I have been given, the blessings and gifts, friends and opportunities. Thank you Cocaine Anonymous.
Calendar of Events

Step into the sunlight
Unity Days
June 11-13, 2004
Rock Creek Park
Twin Falls, ID
Chairperson: Kenneth C.
(208) 733-2481
Gene G.
(208) 732-5731

Living in the Spirit...
19th Annual AZ Convention
July 2-4, 2004
Tucson Hilton East
Tucson, AZ
Chairperson: Pilar A.
(520) 358-2853
Registration: John G.
(520) 889-0899

Life Will Take On
New Meaning
Northern Alberta Area Convention
July 23-25, 2004
Inn On 7th
Edmonton, Alberta
Chairperson: Corrine M.
(780) 455-0092
Vice Chairperson:
Larry S. (780) 467-8542

God Could And Would
If He Were Sought
18th Annual Texas
Area Convention
July 30-Aug. 1, 2004
 Omni Houston Westside Hotel
 Houston, TX
Chairperson: Wilbert L.
(281) 999-3117
Registration: Bobbie H.
(281) 320-9447

Join Us on...
Broad Highway
CALA 2004 20th
Annual Convention
Aug. 26-29, 2004
Wyndham
Palm Springs, Calif.
Chairperson: Harold W.
(310) 639-4086
Registration: Delitta J.
(310) 217-9033

United in Love
and Service
Cocaine Anonymous World Service Conference
Aug. 31st – Sept. 5, 2004
Four Points Sheraton
Los Angeles, CA
Vice Chairperson: Kim S.
(847) 437-9757
Conference Coordinator:
Jay S. (602) 677-3782

Without Unity, the
Heart of C.A. Would Cease to Beat
Sept. 10-12, 2004
Holiday Inn.
Akron OH.
Chairperson: Charlotte R.
(330) 256-6725
Vice Chairperson: Eddie J.
(330) 329-7844

The Door is Open /
La Porte Est Ouverte
Quebec Area Bilingual Convention
Nov. 5-7, 2004
Delta Hotel
Montreal, Quebec, Canada
Outreach: Marie–Pascale P.
(514) 937-7284
Chairperson: Jean–Paul B.
(514) 440-2463

The Keys to the Kingdom
16th Annual Midwest
Regional Convention
Nov. 5-7, 2004
Hilton Northfield
Troy, MI
Chairperson: Ezell G.
(810) 813-9070
Registration: Paula H.
(517) 694-1023

Serenity in the Southwest
Southwest Regional Convention
Nov. 12-14 2004
Wyndham Garden Hotel
Albuquerque, NM
Chairperson: Shane M.
(505) 250-0528
Registration: Norma F.
(505) 328-3229

If your area or district has an event that you would like to list in the Calendar Of Events contact the World Service Office by one of the following ways: NewsGram, C/O CAWSO, 3740 Overland Ave., Suite C, Los Angeles, CA 90034. E-Mail to: newsgram@ca.org or by Fax to: (310) 559-2554, Attention NewsGram.