Tradition 8:
“Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

By Mark K., Ventura, California

I heard someone ask recently, “Why can’t we just let volunteers run the World Service Office? Wouldn’t it save a lot of money?”

Experience has shown us that volunteers can do these jobs at some levels. Unfortunately, experience has also shown us that volunteers can be unpredictable in performing these jobs. There have been times when a secretary doesn’t show up to open the doors. Treasurers have disappeared with the donations. These problems do not happen very often, but they do happen. People take other commitments with the best of intentions, but something comes up and they have higher priorities.

Ours is not the only charitable group to have these events occur. In my city we have children’s sporting groups that are able to get plenty of volunteers. Even though all their events are local they have problems of volunteers not showing up and of people stealing money or other items. People wishing to be of service take jobs that have no experience (or talent) for, figuring that because it’s a volunteer job, it doesn’t matter. Others discover that the job they agreed to do has a lot less status and visibility and a lot more actual work, at inconvenient times, and they stop showing up.

How does this all relate to our World Service Office? Can we get by with volunteers? Can we make do with haphazard performance and casual effort? What happens when we do?

We expect certain things from the WSO. We expect chip and literature orders to be filled in a timely manner. We expect Public Information requests to be replied to professionally, with Conference-approved materials. We expect that when literature is printed that proper bids are obtained and only quality bidders are approved. We expect that inventory is kept in quantities matching historical order levels. And we expect that, in all things, the Office responds to all mem-

ber requests in a courteous and professional manner.

Has this always been the case? Sadly, no. From time to time even our paid, seemingly professional staff has failed in one or more of these areas. A few years ago, Area literature chairpersons complained that many literature orders were only being partially filled. The Office was constantly out of Newcomer chips. Public Information requests were being occasionally ignored. Part of the reason for this was an over-reliance on volunteer help; a hopelessly understaffed office with underpaid staff.

This has been remedied. While we still rely on volunteers for envelope stuffing and similar activities, the current office staff is now paid at competitive non-profit levels. We now can attract and maintain a professional office staff. Turnover is greatly reduced, so that constant retraining of personnel (at the cost of remaking the same old mistakes) is kept to a minimum.

The Office now maintains a sufficient inventory of all materials. Gone are the days when we had no Newcomer chips and 500 ten-year medallions. We neither overstock nor understock. We respond to all orders within two days, instead of five. The staff knows how to ship items to other countries without having Customs inspectors ripping them to shreds or assigning ruinous duties. Our professional office manager, who makes less than she did in private industry, and works longer hours, is constantly trying to find ways to better serve the Fellowship.

However, all this has cost money. Money the Fellowship could have saved, as we did in the past, but that would be doing the same old things, expecting different results. The WSO has an annual cash flow in excess of $400,000. It’s an actual business. Experiments with running it with volunteer or cut-rate staff have been tried. It doesn’t work. This time we’re trying something different.

However, even the small staff would be

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The Portland Experience

By Lynne G.
2002 Convention Chair
Portland, Oregon

In 1996, I was the chairperson of our local area convention. As is typical for that time of year, it rained. That year, however, it never stopped raining and three days before the convention the hotel was flooded. By making a lot of phone calls, and by the Grace of God, everyone found their way to the backup hotel. Being the addict that I am, a thought began to form. Portland should host a world convention! Wouldn’t that be fun! If we can deal with this flood, we can do anything! I started talking to Rick and Gary and Ralph and they laughed and said that I was crazy. Look what had just happened. Besides, we don’t have a big enough Area to do that. Our Trustee said our Area wasn’t ready. Once again, being the addict that I am, I didn’t listen. They weren’t saying what I wanted them to say! I had recently become one of the delegates for our Area and at my first Conference, I signed on to the World Service Convention Committee. Wow! Now there was an experience that forced the practice of patience and tolerance.

After serving for three years on that committee, I believed that our Area was indeed ready to host a World Service Convention. In the summer of 1999, I found four others who thought so too. We met in Pam’s apartment and began the process of writing a bid proposal. When we presented the bid to the Area, it was met with a great deal of resistance and negative “what ifs.” Not willing to let the dream die, we held a separate meeting at Shawna’s house to have an open discussion. Everyone was invited and encouraged to express their support as well as their hesitations. Finally, in August of 1999, the Area agreed that maybe this could be done. Right here I have to say that the Oregon/Southwest Washington Area has only 16
A Note from the WSO

How time flies! It seems like only yesterday that we were in New York for this year’s World Service Convention, and already the World Service Conference is only weeks away. As those of you who were able to attend the Convention know, New York made good on its promise to deliver a Convention unlike any other. I’m sure you can imagine how a group of recovering cocaine addicts can make the most of a “city that doesn’t sleep.” All of us here at your World Service Office hope that all of you, especially those who were unable to travel to New York, are already making plans to attend next year’s Convention in Portland, Oregon. This issue of the NewsGram features an article by next year’s Convention Chair, Lynne G., about the process of planning a bid proposal and a World Service Convention. We hope that this will help inspire Areas in other Regions to consider hosting future conventions.

As most of you know, this has been a difficult year financially for CA World Services. Even though cost-cutting measures instituted by the WSO resulted in a savings of $42,000 in program services, income still fell so far short of our budget projections that we still suffered a deficit of approximately $70,000. Fortunately, the New York Convention was so successful that it showed a net profit of about $32,000; this is enough money to fund the upcoming World Service Conference, which is its primary financial purpose. The WSO continues to tighten our belt and streamline our financial operations. And we do see light at the end of the tunnel, thanks in large part to the Fellowship responding to our situation: thank you for your increased Seventh Tradition donations. We continue to need your support, however, and this NewsGram contains some new suggestions for how you might be able to help.

Speaking of the Conference, if any of you are going to be in the Los Angeles area around Labor Day weekend, we hope that you can attend, even if only briefly. The World Service Conference is a truly amazing spiritual experience, where much of the business of Cocaine Anonymous is conducted every year. If you’ve ever wondered who writes the pamphlets you see on the literature rack, or the public service announcements you see and hear, or who plans the World Service Conventions, this is your chance to see these processes in action. By the way, any member of the Fellowship is able to serve on committees at the World Service Conference, not just delegates; it’s a whole new level of service experience. And even if you aren’t able to attend, perhaps you can talk to your Delegates and/or your Regional Trustee before and after the Conference, and learn more about the process. As always, the Office is also ready to help answer any questions you may have about how the service structure of Cocaine Anonymous works. But the Conference is a unique opportunity to see it in action.

In love and service,
Your World Service Office

Where to Write:

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Send all mail to: NewsGram, c/o CAWSO, 3740 Overland Avenue - Suite C, Los Angeles, CA 90034, E-mail: newsgram@ca.org, Fax (310) 559-2554 or call (310) 559-5833.

The NewsGram presents experiences and opinions of Cocaine Anonymous members. The opinions expressed herein are those of the individual contributors and are not to be attributed or taken as an endorsement by either Cocaine Anonymous or the NewsGram.
CALENDAR OF EVENTS

Akron, Ohio
The Magic of Recovery
1st Women’s Luncheon
September 16th, 2001
Tangier’s Restaurant, Akron, OH
(330) 848-0244 or (330) 794-2820

Midway, Utah
Application of Principles
12th Annual Recovery In The Rockies
October 4th - 7th, 2001
The Homestead Resort, Midway, UT
Chair: Cory D. (801) 540-4630
Co-Chair: Troy G. (801) 296-0992
Hotel Reservations: (800) 327-7220
(use group code 356596)

Colorado Springs, Colorado
Recovery With An Altitude
11th Annual Southwest Regional Convention
October 5th - 7th, 2001
Sheraton Hotel, Colorado Springs, CO
(719) 576-5900

Mountain Center, CA
Women’s Retreat Weekend
Body – Mind – Spirit
October 12th - 14th, 2001
Pathfinder Ranch, Mountain Center, CA
Chair: Laura (818) 549-0688
Vice Chair: Miss Patty (818) 353-8988

Leavenworth, Washington
The Road of Happy Destiny
2001 Washington State CA Convention
November 2nd - 4th, 2001
Enzian Inn, Leavenworth, WA
Hotel Reservations (800) 223-8511
(Use group #6043)
Greg B. or Heidi B. (425) 338-1447

St. Louis, Missouri
2001 Midwest Regional Convention
November 3rd - 5th, 2001
Radisson Hotel Airport, St. Louis, MO
(314) 865-1798 or (816) 931-2077

Manhattan Beach, California
Bridges To Unity
Pacific South Regional Convention 2001
November 16th - 18th, 2001
Manhattan Beach Marriott
Manhattan Beach, CA
Reservations (310) 546-7511
or (800) 228-9290
Chair: Charles N. (626) 356-2422
Vice Chair: Karen L. (310) 370-1551

Wisconsin
In The Light Of The Spirit
6th Annual Wisconsin Area Convention
February 1st - 3rd, 2002
TBA
(414) 541-7192

Portland, Oregon
Moment Of Clarity
18th Annual CA World Service Convention
May 23rd - 27th, 2002
The Portland Hilton, Portland, OR
Reservations: (800) Hiltons or (503) 226-1611
Chair: Lynne G. (503) 281-1336
Vice Chair: Jess R. (503) 768-4700

International:

Ontario, Canada
Living A New Life
Southern Ontario Area Convention
November 2nd - 4th, 2001
Radisson Hotel (Toronto East)
Toronto, Ontario, Canada
Reservations: (800) 578-7878
Or (416) 493-7000
Registration Chair: Deanna H. (905) 891-7921
Vice Chair: David L. myrecovery@home.com

Story Book Submissions
The deadline to submit stories for the second edition of “Hope, Faith & Courage, Stories form the Fellowship of Cocaine Anonymous” is September 30th, 2001
Submit to: CAWSO
Attn: Story Book Committee
3740 Overland Avenue, #C
Los Angeles, CA 90034-6337
Email questions to HFCCommittee@aol.com

If you are having a Regional, Area or District Cocaine Anonymous Event, please let us know. We can list your event in the NewsGram. Submission deadline is 30 days prior to the publication of each NewsGram. Publication dates are: February 1st, May 1st, August 1st, and November 1st. We will publish up to a year in advance, and continue the listing until the event. Submissions will be published at the discretion of the editor and/or the World Service Office Board of Directors.

Submissions should be made to:
ATTN: The NewsGram
c/o CAWSO
3740 Overland Avenue – Suite C
Los Angeles, CA 90034-6337
(310) 559-2554 FAX
Trustee Corner

What Does a Trustee Do?

By Meredith G. Chair, CAWS Board of Trustees

Well, fellow addicts, as I write this we are quickly approaching the 2001 World Service Conference and the end of my term as a Trustee.

I would like to say it’s been fun, but more accurately, I have to say it’s been a lot of work. I remember one of the questions asked during my initial interview was, “Do you know what a Trustee does?” “Why, they are the guardians of the Traditions” I answered glibly. Well five years later I can see how understated that answer was. I’m surprised the Trustees on the Board at that time didn’t laugh in my face.

Besides all the work that is required there is a certain amount of dedication necessary in order to be a Trustee. So, I thought I would take this opportunity to share just a little of what we, as Trustees, do during our terms.

The Regional Trustees travel quite a bit and hear most of what goes on in the Areas and Districts. They must be available to their Regions and must attend the various activities scheduled. Regional Trustees sometimes act as the arbitrators of people’s personal agendas and personal grudges, or of Area disagreements and Area Committees that don’t get along.

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There is always a Trustee on the World Service Office Board. We are responsible for overseeing the finances of the WSO. This sometimes has been difficult, as the Office has not always been able to provide the information we requested or needed from the WSO in a timely manner.

Some of us review the Internet regularly for misuse of our logo or material. We review the NewsGram and all the literature from the LCF Committee for potential Tradition violations. We review and approve all material and art work pertaining to the WS Convention.

The World Service Trustee is responsible for negotiating any contracts that bind the WSO. I personally have had the opportunity to help the WS Convention Host Cities negotiate hotel and various other contracts for six conventions and worked with the Conference Hotel for the last five years.

Some of us travel over large distances and through heavy traffic in order to attend Area, District, WSO meetings or the regular Quarterly meetings.

I hope I have shed a little more light on what a Trustee does. I know that until I became a Trustee, I sure didn’t have any idea what Trustees did all year round. It’s been quite a learning experience.

World Service Office

Donation Wish List

As we hope you know by now, our World Service Office has had a difficult year financially. Expenses have drastically exceeded our income. For this reason, we included a Seventh Tradition “Wish List” in the last delegate mailing. Why a wish list? Due to our shortfall in income, the next years’ budgets and projections could not include funds for normal maintenance and upgrades that would usually be included so that the office could function efficiently. We realize that it is possible that members may be able to donate or facilitate such items so that the WSO can move into the 21st century without delay.

Many businesses upgrade equipment and discard their old equipment. CAWSO has office equipment that is 4, 5, and 6 years old. Equipment discarded by other businesses could still represent an upgrade for this office. Also, some members can obtain equipment and supplies at considerable discounts, which would never be available to a small company like CAWSO. The Fellowship benefits from the donated equipment, which facilitates chip and literature distribution. By donating equipment that was going to be discarded anyway, the member can obtain tax benefits as well.

Several items from our earlier wish list have already been donated. Listed below are items that the office still needs, if you can help provide them. Alternately, if a member wishes to make a monetary contribution and designate the funds for a particular purchase, we have listed the approximate costs of each item.

- Laptop/notebook computer $999
- Fax machine for WS Trustee $99
- Laser Printer $2200
- Scanner $499
- Digital Camera $399
- Telephones $2200
- Calculators (3) $200
- Filing Cabinets (6) $1100
- Battery backups (3) $300
- Fire Safe $1000
- QuickBooks update $500
- Miscellaneous Software updates $200

If you have any questions about specifications for any of the items on the Wish List, please contact the World Service Office. And thanks in advance for your generous donations.
The beginning of the end of my isolation from God and my fellows

By: Joe C., Tennessee

Step Eight: “Made a list of all persons we had harmed, and became willing to make amends to them all.”

My sobriety date is sometime in January of 1991, and since that time I have had numerous encounters with Step 8. This step was my second attempt to look at my part in the wrongs that had transpired in my life, particularly the wrongs I had committed to, on, at and toward others. The first was in Step 4. This is especially important because it is based on the principle that I will be able to live peacefully in and on this earth with other spiritual beings living this human experience. The information I found in Step 8 has proven to be the springboard, which has enabled me to maintain the personal relationships I now have and cherish. Let me briefly share my hope, faith and courage with you.

Before coming to the program, I never really knew what it meant to have friends. I always wanted friends, and thought I could be a friend but never really acquired any. That was because as people became (what I judged to be) too close to me, I always pushed them away – intentionally or unintentionally! There was something in my makeup that prevented me from having any long-term meaningful relationships with others. But I didn’t have a clue what it was! Never could I imagine that it was me, and how I related to other people. Take, take, and take some more but never give was my motto. I thought that was how life should go because after all, I was God’s gift to other people. I couldn’t ever remember asking myself what part I played in anything, but I could always point out to you where you where wrong! I had a lot to learn about life and myself.

I found becoming addicted to drugs — especially cocaine — was only part of the problem. After being sober 2 years, I found that I was no longer the person I had been. I was beginning to realize that I wasn’t happy! I had worked the 12 steps (or so I thought), I was going to meetings, and I was active in the Fellowship, through service work. What could possibly be the problem now? It wasn’t supposed to be like this! I asked an old-timer, “Was this all the program offered?” He said “this is all there is — if this is all YOU are willing to do.” A novel answer that I didn’t understand but it had an immediate impact on me! I became willing to go to the next level of recovery. I became willing, as I was when I first came to Cocaine Anonymous. The hunger was there once again!

I ventured to re-work the steps I thought I had already taken. But this time it was totally different! This time when I reached Step 8 I found that not only had I been selfish, inconsiderate, and basically intolerant in ALL my relations with others, I didn’t know what true forgiveness really was! Step 8 gave me an opportunity to truly forgive others and myself, and become willing to correct MY wrongs and thus be free from the baggage I had been carrying, even in sobriety. Step 8 has proven to be the beginning of a newfound freedom in my relationships with all those I come in contact with.

Today I no longer take, take, and take from my relationships; rather I see where I can give an inspirational word, or anything to make the relationship better from my side of the street! I am no longer concerned with what the other person is doing, except when my personal boundaries are crossed (but that’s another NewsGram article). Through Step 8, I have found what it means to truly forgive, to be humble and non-judgmental, and in harmonious brotherly love with most of my fellow men and women.

With these newfound revelations that Step 8 had brought me I have been able to acquire and maintain a happy marriage. It’s not perfect but it’s pretty close. I can give freely of myself without expecting anything in return. If something comes back, then that’s something extra that God freely gives to me. I no longer have all the judgments and criticisms I used to have of everybody, including myself.

Step 8 has given me “the beginning of the end of my isolation from my fellows and from God.” Only through the power given to me by my God, the 12 Steps and the Fellowship of Cocaine Anonymous could I have found this freedom. Freedom to be what and who I really want to be — a messenger of my Higher Power, sent to share my Hope, Faith and Courage with those just like me.

Thank God for the Fellowship not giving up on me, and for me not giving up on the power of the Fellowship!

Tradition 8...

continued from page 1

unable to meet the peak demands it gets from time to time. The Conference and the Convention require extra work. At other times large mailings need to be sent out to the World Service Delegates, and literally hundreds of items need to be copied and sorted, envelopes filled, addressed and stamped. A physical inventory of 600 square feet of inventory storage has to be done every year. For this we do need volunteers. With the assistance of a few paid service workers our Fellowship’s World Service Office does exist and is able to be true to our primary purpose: to have the hand of CA there when someone reaches out for help.
For Those Who Love Cocaine

By Jimmy F.
Los Angeles, CA

The first time we were together
I believe through an act of fate
We were destined to be lovers
The kind of love one hates

You gave me a new life
And made me feel alive
For you I would take a fall
For us I would take a dive

But as the years went on
And my love for you grew fonder
Your euphoric effect on me
Wasn’t lasting any longer

The more of you I had
The more of you I did
You were closing up my coffin
And nailing down the lid

I tried to run away
You were never far behind
You chased me through the years
And stayed forever on my mind

You took away my lover
As well as my best friend
As for you my sweet lady
This love affair must end

For those of you who love cocaine
I beg you! Heed my pitch!
For if you don’t give it up
You’ll wind up in a ditch

Six feet under ground
And way before your time
Goodbye my sweet white lady
Without you I’ll be just fine

The Joy of Unity

By Roger H.
Des Plaines, IL

I walked in the doors of CA a broken and shattered man. I felt that I had no worth as a human being and that there was no hope for me. I didn’t believe that I could ever be saved from myself. But then the miracles started. I went to treatment and learned that there was hope even for me. I attended meetings and was amazed. I saw a lot of laughing, happy people. Of course, I knew that it was a front but I couldn’t figure out how they were getting over on me. I decided that I would stick around to find out how they were doing it.

What occurred next never ceases to amaze me even to this day. The people in my home group elected me secretary. I just could not believe it! What could these people see that I couldn’t see? They had elected a worthless junkie to be in charge of a meeting. I, of course, with my ego, was immediately going to become president of Cocaine Anonymous. But the miracles kept on coming. They kept electing me to positions of greater and greater responsibility. I still had no self-esteem. I still felt unworthy.

I am still humbled by the fact that these people think that I know something about staying sober and getting things done. In the years since, I have served at the Group, District and Area levels in various positions. I am presently honored to be a Cocaine Anonymous World Service Delegate.

The point I am trying to make to the newcomers and any other suffering human being is that no matter how unworthy you feel, the people in CA will take you and love you in spite of yourself. They continue to love you no matter your problems and situations. They will take you in and give you more love than you think you can possibly get. They will show you how to be a loving, kind, considerate and caring human being even if you don’t believe this is possible. The miracle can happen for you, but it truly requires a group effort.

Get Published! - September Deadline

The Literature Chips and Format Committee is now accepting stories for the Second Edition of Hope, Faith and Courage. Publication is tentatively scheduled for 2003. Please limit your submission to five typewritten pages and include your name, address and phone number. Note: all identifying references will be deleted before being forwarded to the committee, who must review these stories as anonymous submissions. Any contact with committee members that identifies the author of a story will seriously reduce that story’s chance of being published. Submissions should be received no later than September 30th, 2001.

Send your story to: CAWSO
Attn: Storybook Committee • 3740 Overland Ave. #C • Los Angeles, CA 90034-6337

Visit us in CyberSpace

The Cocaine Anonymous World Service Home Page is available at:

http://www.ca.org

You can e-mail us at: cawso@ca.org

Attention: CA Hotline Chairs

If your hotline number covers other area codes, please let the World Service Office know. The other area codes will be added to your hotline number for referencing purposes in the 800 # computer. Please phone (310) 559-5833, Fax (310) 559-2554 or e-mail cawso@ca.org.
H&I CORNER

WORKING THE STEPS BEHIND BARS

By Veronica S., Houston, Texas

I’m writing to share my Experience, Strength and Hope about working the Steps behind prison walls. A few years ago I worked with our newly formed H&I Committee in an effort to reach out to the state prison system in Texas. In just two short years we went from no prison meetings to 30! It’s like the Fellowship speaks for itself when recovering addicts show up and do the footwork.

After spending a couple of years traveling to different prisons, I was given a commitment at a women’s lockup facility. There was another young lady running the meeting and it was mostly open discussion. The women worked the first three steps on paper, then were given a Fourth Step format that had three parts, and often wasn’t completed before the ladies were released. I began by asking how many women in the group had been in the program before; quite a few hands were raised. Then I asked how many had actually worked a Fifth Step. Let’s just say that every hand that went up after the first question was immediately lowered when I asked the second.

When the woman who had been running the meeting lost her transportation I was given the commitment to do by myself. I suggested to the group that they consider setting a goal of working all Twelve Steps before being released, and they said “Let’s go for it!” At first there was a difficult adjustment because there was a lot less time for “girl talk,” and it became clear that the members of the group would have to take responsibility to help each other work the steps. It was decided that each lady who completed her Fifth Step would be responsible for helping newcomers to work Steps One through Four, so that I could remain free to hear their Fifth Steps (which the group had designated as my responsibility). It gradually became clear to me that what God was doing here was not only allowing these women to finish their Steps before they hit the streets, but He was also teaching them to do service work – something none of them had ever done.

A year later two ladies had completed all Twelve Steps, and one was not far behind, at Step Ten. Imagine the joy I felt when the first lady to finish her Steps called me just hours after her release and arranged to go to a meeting with me that same night! Thank you, Cocaine Anonymous H&I, for affording me the opportunity to be a worker among workers in this Fellowship. I can truly say this has been one of the most rewarding experiences I have had in recovery and I do intend to keep coming back.

subscribe to the Newsgram!

Subscriptions are now being accepted for the NewsGram. For the low, low price of $10.00 per year, you can receive each copy of the NewsGram before your friends. Before your group. Before your neighbors. Complete the form below, and send your check, money order, or credit card information, and worry no more about finding a NewsGram!

I have enclosed my:

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City: ____________________________________ State: __ Zip/Postal Code: ________________

Telephone Number: ( ____ ) ________ –____________________ Country: ____________________

Portland… continued from page 1

meetings and about 20 or 25 people doing the majority of the service commitments. This whole deal was going forward with a great deal of faith.

The rest is history. The bid was presented at the 1999 World Service Conference and was met with overwhelming support. We found that many people had never been to Portland. Some had always wanted to come here and now they had a reason. It seemed that the only concern the Conference had was with the weather. Doesn’t it rain in “Or-e-gone” all the time? No, just a lot of the time. And besides, it’s pronounced “Ori-gun.” Let’s all practice that!

We’ve been meeting every month since that time. People have come out of the woodwork to help. The support from the other areas in the Pacific North Region is incredible. We couldn’t do this without them. An unexpected bonus is that more folks have stepped up to do the Area service work as well. This experience has been unifying for our Area in some odd spiritual way. It turns out we have some really creative and gifted folks here. It is so exciting to watch each subcommittee work to create this wonderful event. It boggles the mind to see people put their heart and soul into this long process. The enthusiasm remains high. The goal of our committee is to have fun while we do this. I think we are.

See you there in 2002.
# 7th Tradition Donations

## March through June 2001

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