

NEWS GRAM

Volume 27 No. 2 C.A. World Service Office, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641 Third Quarter 2010

Note from the WSO:

C.A. And Other Twelve-Step Fellowships: Cooperation, Not Affiliation

By Tom P.

World Service Office Board Chair
Dana Point, California, USA

Our literature contains a story of the beginnings of Cocaine Anonymous. The story, *“Our Hope, Faith and Courage, The early days of Cocaine Anonymous as experienced by two of its members,”* recounts this beginning. In November of 1982, an A.A. meeting at the Motion Picture and Television Fund in Hollywood, California took place on a Tuesday night with a posted topic of drugs, “especially cocaine.” “It quickly took on an electrifying new dimension,” is how the early members described this meeting as the language of cocaine addiction unfolded. “Words like basing, snorting, shooting, copping, scoring, dealing, paranoia, and depression went flying around the room with heads nodding and bursts of laughter.” (*HFC II*, pp. 2-3). This excited group, deeply identifying with the topic, called for a group conscience at the close of the meeting in order to explore the idea of transforming this A.A. meeting into a completely new Twelve-Step program which would be called Cocaine Anonymous.

Thankfully, in an action consistent with the principles set forth in the Twelve Traditions, a motion to create Cocaine Anonymous out of that A.A. meeting was voted down. That night, the potential new C.A. members were told that if they returned on Thursday night, a room would be available. “Two days later we returned with great anticipation. Approximately twenty members; men and women, newcomers and old-timers from all

walks of life, sat in silence at the sound of knuckles hitting the top of a wooden table” (*HFC II*, p. 3). The first meeting of Cocaine Anonymous was underway. Within a year, there were thirty meetings taking place and on May 3, 1985, the first World Service Convention took place in Santa Barbara, California with hundreds of members in attendance. Even in its origin, cooperation but not affiliation with other Twelve-Step fellowships was an organizing principle of our Fellowship. [Continued on page 6.]

Inside This Edition	Page(s)
Calendar of Events	16-17
CAWS 2011	5
CAWS 2012 Speaker Request	14
Contribution Program	4
From Russia With Love	2
H&I Corner	13
HFC II Book Sale	8
How It Works	7
Meditation Book	9
Seventh Tradition Donations	11-12
Submission Release Form	10
Subscription Form	6
Trustee Corner	3
UK-US Prison Link Meeting	14

CAWS Board of Trustees:

- *Atlantic North Region:* Robert L., Pawtucket, Rhode Island, USA
- *Atlantic South Region:* Lawrence M., Little Rock, Arkansas, USA
- *European Region:* Nicholas L., London, England, UK (WSBT Vice Chair)
- *Midwest Region:* Kim S., Des Plaines, Illinois, USA (WSBT Secretary)
- *Pacific North Region:* Trevor S., Calgary, Alberta, Canada (WSBT Chair)
- *Pacific South Region:* Joy H., Fontana, California, USA
- *Southwest Region:* Randy G., Chandler, Arizona, USA
- *Trustee at Large #1:* Richard S., Colorado Springs, Colorado, USA
- *World Service Office Trustee:* Willie B., Los Angeles, California, USA
- *Acting World Service Trustee:* Richard S., Colorado Springs, Colorado, USA

CAWSO Board of Directors:

- Tom P., WSOB Chair, Dana Point, California, USA
- Richard L., WSOB Vice Chair, Los Angeles, California, USA
- Barry J., Treasurer, San Pedro, California, USA
- Teresa N., Secretary, Dana Point, California, USA
- Yvette L., Paid Director, Long Beach, California, USA
- Richard S., Director/Acting WS Trustee, Colorado Springs, Colorado, USA
- Willie B., Director/WSO Trustee, Los Angeles, California, USA
- Elizabeth S., Director, San Marino, California, USA

CAWSO Personnel:

Yvette Love, Director of Operations
Sheila Spurlock, Customer Service
Andrew Wellbaum, Shipping & Fulfillment

NewsGram Editor:

Cynthia C., Redmond, Washington, USA

The NewsGram is a quarterly publication of the World Service Office of Cocaine Anonymous. This publication and all its contents are copyrighted by Cocaine Anonymous. Any unauthorized duplication or publication is prohibited. Send all requests to: NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641, by e-mail to newsgram@ca.org, or by fax to 310-559-2554, Attn: NewsGram. You can call the WSO at 310-559-5833.

From Russia With Love

**By Nicholas L.
European Regional Trustee
London, England, UK**

Cocaine Anonymous in Russia! “How did that happen?” you may be asking. The same question could be asked about Sweden, Norway, Denmark, Iran, Portugal and a host of other European communities. C.A. geography is a little distorted and even puts Hong Kong, Australia and New Zealand in the European Region.

Tradition Five states that our primary purpose is to carry the message to the addict who still suffers, and that could be considered a mandate for personal recovery by continuing to carry the message of recovery wherever and whenever required, in order to keep that which was freely given to us. It says in the *Big Book* that we must be prepared to answer the phone when it rings at any hour and travel to the most sordid of places in order to live (keep what we have). The emergence of C.A. around the world is living proof that our members are doing just what they are supposed to.

As the current European Trustee, I get to communicate with many of these new people online and by phone. Occasionally I meet them face-to-face and have such joy in my heart and tears in my eyes as they describe their personal journey of recovery and how they ended up in Cocaine Anonymous, sometimes having to start a meeting to become a member! My inbox is positively bursting with inquiries some days with requests forwarded by the WSO, sent by delegates or just by chance when people happen on us via HFC online or a completely regular web search!

At my home group in London, “Serves You Rite on Friday Night,” we have many members visit from countries around the world, such as Iran, Holland and France. Currently we also have a Russian regular member who attends most weeks.

So, when we open that door at our home group, we never know who might walk in. That’s why we need to keep our doors open, to welcome everybody who ventures with us on the journey of recovery. When we put that money in the basket, we may never know who it might help in the world; so it is of vital importance we remain ready for the newcomers or visiting members from other groups, areas or countries. One day it might be you that needs the meeting.

Our doors must be kept open to carry the message to those who desperately seek recovery. You never know—the Russians might be coming to a meeting near you!

Trustee Corner

By Trevor S.

Pacific North Regional Trustee & WSBT Chair
Calgary, Alberta, Canada

On behalf of the current WSBT, I would like to thank the Fellowship of Cocaine Anonymous for allowing us to be of service. I am forever grateful to the God of my understanding for allowing me to serve amongst you, and for you. It has truly been a joy.

The WSBT has remained hard at work in all that we do. This past quarter saw us wrapping up in Milwaukee and two of our members immediately leaving for Boston to attend the National Association of Drug Court Professionals. Many contacts were made, and the message that “We’re Here and We’re Free” was spread further to help us reach as many addicts as possible.

On the subject of Milwaukee, a very special thanks to all “cheeseheads” for a truly outstanding job in putting on a great convention for the entire fellowship. After literally thousands of hours in planning, the event came off without a hitch. From speakers to fellowship, food to fun, it was one of the best times I personally have had. Thank you again for all your hard work.

As a board, we have been preparing for the upcoming Conference, our busiest time of year. Answers to referrals received at last year’s Conference are being finalized, reports are being written, and Conference committee work is getting prepared to present. We also continue with our regular everyday workload, answering questions from the Fellowship, internal e-mails, our own subcommittee work, travel, and our many other tasks. There seems to be no lack of things to do. There are also our personal lives to be lived, including our partners, employment, and personal recovery. I’m glad they never said life would be boring.

We continue to work closely with the World Service Office Board as well. The day-to-day challenges of adequate staffing numbers, an overall drop in revenue, and maintaining a high standard in all that we do remain to provide us with the opportunity to search out new ways to continue to serve the Fellowship of Cocaine Anonymous more effectively. As a combined group, we need to remain unified to reach our goals. Effective communication, hard work, and the determination that we will succeed are vital components in times ahead. We will remain vigilant in our efforts to improve in all areas of our service.

Thank you to the Fellowship for allowing me to be of service. I would also like to thank the WSBT for the opportunity to serve as Chair for the last year. It has provided many challenges and rewards. I would be remiss to fail to thank my fellow fourth-year members of the Board as we prepare to rotate off. Nicholas and Lawrence have both been a pleasure to work with and a blessing to the Fellowship. I am truly humbled to have had the chance to walk beside you both for the last four years. Thank you for loving our Fellowship as much as I do, and for being willing to devote so much time and effort in the service thereof.

Thank you for allowing me to serve.

World Service Contribution Program

Cocaine Anonymous World Services depends on the financial support provided by individual members, groups, committees, Districts and Areas. We use your contributions as efficiently as possible, to maximize the services we are able to provide to addicts throughout the world. When you participate in the World Service Contribution Program, you ensure that we are able to serve the needs of those in our Fellowship, and reach even more with our message of Hope, Faith and Courage. And because your Contribution Program gifts are conveniently transferred by your bank from your checking account, savings account, debit card, or credit card account directly to the World Service Office, your contributions go farther than ever before. The C.A. World Service Contribution Program is safe, secure and confidential. You have complete control of the process, because you specify the amount of your contributions and when they are made. You can always increase, decrease or suspend your participation at any time by writing the World Service Office. Plus, your contributions may be tax deductible (consult your tax advisor). To help the C.A. World Service Office meet the needs of members, groups, areas and addicts still suffering, please fill out the authorization form below, attach a voided check or deposit slip (if necessary), and mail everything to the address shown. Thank you for your support.

AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)

YES! As a member of C.A., I want to participate in the C.A. World Service Contribution Program to help keep C.A. World Services going strong!

Cocaine Anonymous World Service Office
21720 S. Wilmington Ave., Ste. 304
Long Beach, CA 90810-1641
(310) 559-5833
cawso@ca.org

As part of my 7th Tradition contributions to Cocaine Anonymous World Service Office, I authorize Cocaine Anonymous World Service Office (CAWSO), to initiate variable entries to my account described below:

Type of Account: Credit Card Debit Card Savings

Credit Card or Debit Card Name: _____

Card Number: _____ Expiration Date: _____

Financial Institution's Name: _____

Financial Institution's Address/Branch: _____

If using a savings account, please include a deposit slip.

PAYMENT DETAILS:

Amount in U.S. Dollars: \$ _____ Date of first payment: 1st of month 15th of month

PAYMENT FREQUENCY:

Monthly Annually One-time basis Effective date: ____/____/____ (MM/DD/YYYY)

This authority is to remain in full force and effect until CAWSO has received written notification from me of its termination in such time and manner as to afford CAWSO a reasonable opportunity to act on it.

Name: _____
(Please print name as it appears on the account)

Signature: _____ Date: _____

Address: _____

City and State/Province: _____ Country: _____

Zip/Postal Code: _____ Daytime Phone: _____ Evening Phone/Cell: _____

PLEASE MAKE A COPY OF THIS COMPLETED FORM FOR YOUR RECORDS

(The complete World Service Contribution Program brochure, which includes this form, is available for download at www.ca.org/contribute.html)



“WE”

27th Annual World Service Convention

Phoenix, Arizona

May 26-30, 2011

By Evan A.
CAWS 2011 Chair

WE, the CAWS 2011 Committee, want to extend a warm Arizona invitation to all of you, the members of C.A., to join us in Phoenix for the 2011 Convention. After all, “WE” can’t do this thing without all of “you.”

This is the third World Convention hosted by the Arizona Area and we are working hard to make sure this convention is every bit as exciting as the 1990 and 2000 Conventions. We are off to a great start and have landed the same location as the 1990 Convention, the Arizona Biltmore, a world-class resort in the heart of Phoenix.

We are offering a variety of activities to promote fun, recovery, and a true taste of the Southwest. For fun and unity, we will be kicking off the convention with the WE Olympics, which is for the athletically gifted and challenged alike. Thursday is a golfer’s dream with the CAWS Golf Tournament at the Biltmore golf course in the morning and a family-friendly glow-in-the dark golf tournament in the evening at the resort putting course.

After a day on the greens, Saturday offers some real experiences in the Arizona desert. Hop on a bus to one of the most spiritual and wondrous places on earth, the red rock country of Sedona. There you can shop, take a helicopter trip, hike through a metaphysical vortex or take a jeep through the backcountry of Sedona. If you stay in town, you can take a hayride or horseback ride through the foothills and afterward enjoy a hearty breakfast. Finally, you can take a spiritual hike up Piestewa Peak, just minutes from the resort, and enjoy breathtaking views of the entire valley and the city of Phoenix.

On Sunday it’s fun in the sun with the Fun Walk and Hike or, for the more adventurous, you can enjoy a day at Arizona’s new Wet ‘n’ Wild theme park.

Of course, we will also offer plenty of live music, dancing, comedy and magic during the evenings throughout the weekend. Whatever you do, don’t miss the Sunday banquet, speaker meeting and entertainment. It should be a night to remember.

Last, but not least, we will have marathon meetings, some fantastic workshops and inspirational C.A. speakers.

WE, the CAWS 2011 Committee, are extremely excited to host the 2011 convention and hope many of you join us for a memorable and hopefully spiritual weekend. Together, “WE” can have fun and recover. Register on-line today at www.ca.org.

Chair:	Evan A.	Chair2011@cawsconvention.org	602-481-8686
Vice Chair:	Jay P.	ViceChair2011@cawsconvention.org	602-721-2890
Program:	Steve A.	Program2011@cawsconvention.org	480-755-0688
Resort Liaison:	Burton C.	Resort Liaison2011@cawsconvention.org	602-818-8876

Note from the WSO (continued from page 1):

Interestingly, this relationship of cooperation was put in motion through an article written by Bill W., co-founder of Alcoholics Anonymous. This article is reprinted in an A.A. pamphlet titled *Problems Other than Alcohol*. The article begins as follows, “Perhaps there is no suffering more horrible than drug addiction... Compared with the addict and his woes, we alcoholics are pikers.” The purpose of the article was to explore the solution presented by Alcoholics Anonymous with respect to alcohol as a possible solution to the drug addiction problem. Specifically, the article questions whether A.A.’s who have suffered both alcoholism and addiction can form themselves into special-purpose groups and further, can they call themselves an A.A. group. The response rests on Tradition Three and its singleness of purpose principle. “An A.A. group, as such, cannot take on *all* the personal problems of its members, let alone the problems of the whole world.”

This pamphlet guided and encouraged the early C.A. members in C.A.’s formation. The pamphlet suggests, “A.A. members who are so inclined should be encouraged to band together in groups to deal with sedative and drug problems. But they ought to refrain from calling themselves A.A. groups.” Guidance and support from members of Alcoholics Anonymous and Narcotics Anonymous is credited with contributing to the early spiritual growth of our Fellowship. A footnote to the *early days* story

expresses gratitude to both A.A. and N.A. for their cooperation in our beginning and subsequent survival and expresses that the references are not meant to imply affiliation.

In the past five years in which I have been directly involved in CAWSO activities, first as Treasurer of the WSOB and most recently as Chair of the WSOB, I have witnessed and been directly involved in a variety of exchanges between the fellowships. Several trustees toured the N.A. facilities to witness their printing production process and to be guided in our participation with the National Drug Court program. We worked out a publication issue with A.A. relative to the printing of *How It Works*. I have discussed human resource strategies with the A.A. GSO manager. Most recently, I met and spent time with an A.A. trustee and former A.A. office board director discussing a variety of issues our respective world service operations encounter.

Cocaine Anonymous has a primary purpose, which is to carry the message of C.A. recovery to still-suffering addicts, wherever and whenever. We are grateful to the other Twelve-Step fellowships for all the cooperation they have given us. But this cooperation is clearly not intended to imply affiliation.

[*Editor’s note: The story “*Our Hope, Faith and Courage*” can be found in both *Hope, Faith & Courage* and *Hope, Faith & Courage, Volume II.*]

Subscribe to the NewsGram

Subscriptions are being accepted for the NewsGram. For the low price of \$10.00 U.S. per year, you can receive each copy of the NewsGram before your friends or your group. Simply complete this form and include your credit card information, or enclose a \$10.00 check or money order (U.S. dollars only) and send to: NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641. A subscription form is also available for download at www.ca.org.

I have enclosed a check/money order payable to CAWSO

Visa/MasterCard/Discover/American Express # _____

Signature: _____ Expiration date: _____

Name: _____

Address: _____

City and State/Province: _____ Country: _____

Zip/Postal Code: _____ Telephone Number: (____) _____

HOW IT WORKS

By the World Service Board of Trustees

The World Service Board of Trustees would like to thank the Fellowship of Cocaine Anonymous for allowing us to serve. We are always mindful of our role and strive to fulfill it to the best of our ability. We have had some trying times over the last year and a half dealing with one issue in particular, the use of *How It Works*.

It started at the World Service Conference in 2008. The Literature, Chips & Format Committee brought forth a motion to change some language in the C.A. version of *How It Works*. This brought up the question as to whether we had permission to use the reading in an altered state. At the time, we were told that we did in fact have permission, in writing, to alter and adapt *How It Works* as we saw fit. In our due diligence, we asked to locate and have ready on file the permission in question. After many hours spent searching the World Service Office, members' own personal archives, and anywhere else we could think of, we simply could not locate any document granting us permission to alter *How It Works*.

The WSBT, at that point, set out an action plan to deal with the matter. We stopped the sale and distribution of any literature containing any altered A.A. readings. We expanded our search for any documentation granting us permission to use any material borrowed from AAWS. As well, a meeting was set up between Cocaine Anonymous and Alcoholics Anonymous. The meeting took place in New York City on September 17, 2009. It was attended by three members of A.A.'s world service structure, as well as Trevor S. (Pacific North Regional Trustee and WSBT Chair), Robert L. (Atlantic North Regional Trustee) and Tom P. (WSOB Chair).

The agenda of the meeting consisted of an overview of our history as a Fellowship and the progression of using A.A. literature. We put forth the C.A. Fellowship's desire to continue to use *How It Works* in its altered state. We left the meeting with their thanks for coming forward, and having the matter decided at their next board meeting, which took place that weekend.

The decision we got back was not what the Fellowship was hoping for. A.A. had asked that we not use any readings in an altered format, and went further to suggest that we use our own literature in the future. They did grant us permission to use *How It Works* in its original form, along with a disclaimer regarding non-affiliation.

It was at this point that the WSBT was forwarded a copy of a letter sent from AAWS to a member of C.A. It was dated November 29, 1990. It granted us permission not only to use, but also adapt to use *How It Works*. The letter also contained an A.A.-supplied disclaimer we were to use as a condition of consent. The WSBT had some questions regarding the source of the document and started to investigate. We have attempted to locate the original document, to no avail. As part of our search, we have sent the document to AAWS to see if they have any record of it being sent. As of Monday, August 23, 2010, we have yet to hear back from A.A. regarding their findings. They were, however, doubtful of the success of such a search.

The WSBT has issued the following opinion:

Update as of December 5, 2009: It is the position of the World Service Board of Trustees that the C.A. version of *How It Works* is not considered C.A.-approved literature. In the spirit of unity, our common welfare, and our observance of the Twelve Traditions, we suggest that your group have a business meeting to determine the well-informed group conscience as to what readings shall be used in your meeting formats.

As a board, the Trustees have explored every avenue available to us. We have worked many long hours on this issue. We are of the opinion that the matter is now concluded. If in the future something new comes to light, we are always able to reopen the discussion. We feel, however, satisfied that a loving Higher Power who guides us all has spoken, and that any more time spent pursuing this is not in the best interest of Cocaine Anonymous.

In Love & Service,
Your WSBT

HFC II BOOK SALE!

The price of *Hope, Faith, and Courage II* has been reduced to \$4.75 for soft cover and \$8.75 for hard cover. Spread the word. Please note that these books are stickered with the disclaimer regarding *How It Works*.

At these prices, every group should be able to purchase at least two books, and some members may also be able to buy one for a newcomer!

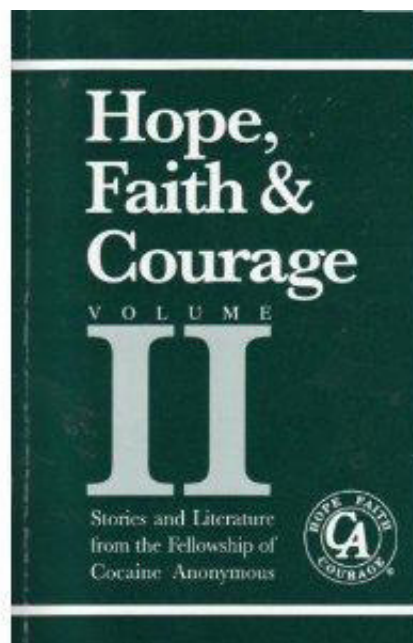
This is a temporary offer so order online at:

<http://www.ca.org/purchase.html>

or contact the World Service Office

310-559-5833 / 310-559-2554-fax

to reserve your copy today!!



WE NEED SUBMISSIONS NOW!

Share your experience, strength and hope for the first

C.A. Meditation Book

Wouldn't it be great to have a C.A. meditation book to read each day? We need *YOU* to help make this book a reality! Tap your inner core and put your experience on paper. What has worked for *you* on the road of happy destiny? As shown in the example, the meditation for each day will include three parts:

Quote (optional): Choose a sentence or two from literature approved for use at C.A. meetings (C.A.'s meeting format, pamphlets, HFC or HFC II; A.A.'s Big Book, 12 & 12 or Service Manual). Please cite the source so we can verify the quote. If you choose not to select a quote and your submission is chosen for publication, the committee will find an appropriate quote.

Personal experience (mandatory; this is the part we need you to write!): Focus on the C.A. message of recovery. Share how you apply the Steps & Traditions in your daily life; how you communicate with the Higher Power of your understanding; an experience you found particularly uplifting or powerful; a solution to an issue or character defect you've dealt with, etc. Don't worry about grammar, spelling or punctuation; we have people to help 'polish' whatever you write.

Thought for the Day (optional): Close with a thought to ponder in meditation and/or throughout the day. If you choose not to add a thought for the day and your submission is chosen for publication, the committee will write something appropriate to accompany your personal experience.

Other than cited quotes, each submission must be the author's original writing. Length should be approximately 250 words or less.

In keeping with the 11th Tradition, submissions will be reviewed anonymously and the authors of meditations ultimately selected for the book will be asked to maintain their anonymity. Replies will be sent when the selection process is complete.

Online submissions are preferred. **Each submission also requires a properly executed release** (please use the online submission form available at www.ca.org or the form on page 10). If you are unable to use the online form, you may send your submission(s) and release via e-mail to submissions@ca.org or by regular mail to: CAWSO, Inc., Attention: LCF Committee, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641. For more information, please call 310-559-5833.

February 7

***“What we failed to do alone,
we can do together.”***
(Tools of Recovery)

We share our experiences at meetings because it helps us to stay sober. By sharing, we express our love for others who might be having the same difficulties and joys we have had. It helps us all to understand we are not alone and that we have common situations we work through on a daily basis.

Thought for the Day

I will share my experience today so that others may take comfort in the knowledge that others have been there and done that. I will share my experience today in the hope that someone will help me. I will share today to bring us together.

**TRANSFER AND ASSIGNMENT OF ALL RIGHTS,
TITLE AND INTEREST IN ORIGINAL LITERARY WORK
AND ACKNOWLEDGEMENT OF ORIGINALITY**

(This form is intended for original material submitted to Cocaine Anonymous World Services, Inc. and Cocaine Anonymous World Service Office, Inc., and must accompany all submissions in order for such material to be published. All materials submitted become the property of Cocaine Anonymous World Services, Inc. and Cocaine Anonymous World Service Office, Inc.)

With this document, I, the undersigned Cocaine Anonymous (hereinafter referred to as "C.A.") member, hereby grant permission to COCAINE ANONYMOUS WORLD SERVICES, INC., a California corporation (hereafter referred to as "CAWS") and COCAINE ANONYMOUS WORLD SERVICE OFFICE, INC., a California corporation (hereafter referred to as "CAWSO"), their successors, assigns, and those acting on their authority, to publish the attached material entitled or described as follows:

I further acknowledge and agree that:

1. I possess full legal capacity to exercise this authorization and hereby release CAWS and CAWSO from any claims by myself, my successors, and/or my assigns regarding the attached material.

2. This transfer includes the assignment and transfer of any and all claims I may have to United States and foreign copyrights, claims of authorship or origination.

3. I am the author of this work, i.e. this work is completely original and I have not used any third party source(s), in part or in whole, to create this work unless said third party source or sources are given full credit within the body of this work and further that said third party or parties have given written permission for said use, copies of which are attached hereto.

4. CAWS and/or CAWSO may change, modify or revise this work to whatever extent either or both deem necessary. I understand that, if selected for publication, this material will be edited in keeping with C.A.'s understanding of the Twelve Steps and Twelve Traditions. Submissions will also be copyedited to ensure ease of comprehension and adherence to standard rules of grammar and punctuation as well as current CAWS and CAWSO style guidelines. In addition, editorial staff may also substitute different words and/or revise sentence structure for clarification. I further understand that this material may be retitled and/or reprinted in more than one CAWS or CAWSO publication.

Signature: _____

Date: _____

Name (please print): _____

Address: _____

Phone number: _____

E-mail address: _____

7 th Tradition January-March 2010		
Category or Location	Group Name/City	Total
CANADA		
Quebec	Regain De Vie	\$300.00
	Cocainomanes Anonymes	\$5,000.00
	Le Phare de Varennes	\$140.00
NETHERLANDS	Anonymous	\$500.00
UNITED KINGDOM	Anonymous	\$1,404.43
	C.A. Scotland (Treasury)	\$114.79
UNITED STATES		
Arkansas	Arkansas Area C.A.	\$175.00
Alabama	First Freedom Group	\$196.23
Arizona	Arizona Area	\$5,000.00
	Saturday Night Live	\$10.87
California	Anonymous	\$203.00
	CALA Long Beach Compton District	\$1,773.35
	Dark Side of the Spoon	\$63.37
	Inland Empire Area	\$500.00
	Central California C.A.	\$150.00
	San Diego Area / District	\$1,368.00
	CALA South Central District	\$1,200.00
	CALA Area Account	\$166.00
	WSOB	\$38.00
	Speak Easy Meeting	\$10.00
	WIECA	\$350.00
	Central California C.A.	\$150.00
	Back to Basics - Orange County	\$35.00
	C.A. Northbay Service Group	\$20.00
	South Lake Tahoe District	\$30.00
	HFC Online meeting	\$407.50
Colorado	The Promises Group	\$90.00
	C.A. of Colorado	\$600.00
	Dark Side of the Spoon	\$221.00
Florida	Florida Area	\$36.00
	South Florida	\$900.00
Georgia	New Life	\$8.85
Idaho	Anonymous	\$40.00
Illinois	South & West District	\$465.90
	IACA Northwest Suburban District	\$570.99
	IACA, Inc.	\$600.00

7 th Tradition January-March 2010		
Category or Location	Group Name/City	Total
Kansas	K.C. District of Cocaine Anonymous	\$150.00
	New Found Life C.A.	\$70.12
	Wichita District Kansas	\$60.00
Maryland	New Way of C.A.	\$25.00
Michigan	Saturday Morning Alive	\$30.00
Minnesota	Coon Rapids Sunday Night C/A	\$50.00
Missouri	Fried Pipers & Cocanuts	\$90.00
	In The Light	\$25.00
Nebraska	C.A. of Nebraska	\$189.59
New Jersey	New Freedom Group	\$30.00
New Mexico	Albuquerque Chapter of C.A. - Convention	\$600.00
	Albuquerque Chapter of C.A. - Area	\$200.00
New York	C.A.'s Big Book Experience Group	\$78.00
	Circle of Life Group	\$150.00
Ohio	Anonymous	\$16.07
	Canton District of C.A.	\$60.00
	NEODCCA	\$100.00
Oklahoma	Freedom For All	\$23.50
	Freedom From Bondage	\$10.00
Pennsylvania	Cocaine Anonymous	\$91.00
South Carolina	SCACA	\$175.36
Tennessee	Hope Not Dope	\$50.00
	Anonymous	\$50.00
Texas	Anonymous	\$110.00
	Texas Area Service Committee	\$3,672.35
	C.A. of Arlington	\$39.15
	North Texas Area of Cocaine Anonymous	\$200.00
	The Truth, The Way & The Light	\$63.00
	Conscious Contact Group	\$200.00
Utah	C.A. Central District	\$4,142.76
Wisconsin	Fri Nite Uncolas	\$83.00
	Razor's Edge	\$138.05
	First Things First	\$30.00
	Hope Without Dope	\$51.94
	WORLD CONTRIBUTION PROGRAM (for details, see page 4)	\$3,722.00
Total		\$37,614.17

Have questions about how to handle your group's 7th Tradition? See the 7th Tradition pamphlet and the Financial Guidelines for Groups, Districts and Areas (both of which are available at www.ca.org), or contact your Regional Trustee.

7 th Tradition April-June 2010		
Category or Location	Group Name/City	Total
ANONYMOUS		\$60.00
CANADA	Regain De Vie	\$150.00
UNITED STATES		
Alabama	First Freedom Group	\$139.68
Arizona	Arizona Area	\$2,000.00
	Saturday Night Live-Cocaine	\$30.00
Arkansas	Arkansas Area C.A.	\$1,575.00
Southern & Central California	Anonymous	\$150.00
	Inland Empire Area	\$152.10
	CALA Westside/Hollywood District	\$300.00
	CALA Long Beach Compton District	\$309.93
	S.G.P.V.C.A.	\$697.25
	Southbay Beach Cities C.A.	\$300.00
	What's Crackin'	\$38.10
	Foothill District	\$1,097.93
	WIECA	\$670.25
	Central California C.A.	\$627.04
	One Step At A Time	\$33.00
	Eastside Earlybird Attitude Adjustment	\$100.00
	MOW	\$200.00
	Fresno/Clovis C.A.	\$287.00
	San Diego Area/District	\$408.23
	Orange County Cocaine Anonymous	\$500.00
	Recovery in the Desert I	\$50.00
	CAWSO	\$13.15
	WSOB	\$41.00
	HFC Online meeting	\$12.07
Northern California	C.A. Northbay Service Group	\$42.00
Colorado	Dark Side of the Spoon	\$492.26
	Promises	\$60.00
	C.A. of Colorado	\$300.00
Florida	Fort Myers District	\$60.00
Georgia	Spiritual Awakenings Group	\$30.00
Kansas	K.C. District of Cocaine Anonymous	\$150.00
	Wichita District Kansas	\$40.00
Illinois	IACA, Inc.	\$4,900.00
	Forever Free Meeting of C.A.	\$20.00
	Fresh Start	\$250.00
	South & West District	\$606.18
	IACA Northwest Suburban District	\$121.48
Indiana	Fort Wayne District C.A.	\$750.00
Maryland	DC/MD/VA Area	\$25.00

7 th Tradition April-June 2010		
Category or Location	Group Name/City	Total
Michigan	CMACA	\$136.00
	Saturday Morning Alive	\$20.00
Minnesota	C.A. of Minnesota	\$364.00
Missouri	Come and Get It	\$20.00
	End of the Line	\$25.03
New Jersey	Sanity at Sunset	\$40.00
Ohio	District of Columbus	\$1,000.00
Oklahoma	C A Oklahoma Area	\$551.79
	Freedom For All	\$65.37
PA/NJ/DEL	C.A. of PA NJ and DE	\$115.00
	Cocaine Anonymous	\$300.00
Connecticut	Anonymous	\$250.00
	Moon Friday Night	\$35.00
South Carolina	Common Solutions	\$60.00
Tennessee	Natural High	\$78.89
Texas	Anonymous	\$150.00
	The Truth, The Way & The Light	\$50.00
	Texas Area Service Committee	\$1,104.90
Washington	Freedom Fighters C.A.	\$13.61
Wisconsin	Razors Edge	\$85.00
	C.A. of Wisconsin	\$1,741.00
World Contribution Program (for details, see page 4)		\$3,471.00
Total		\$27,465.24

The NewsGram is always looking for material that communicates a message of hope, faith and courage. We welcome original articles from our members sharing their experience with recovery, unity and service in C.A. If you have such an article (or perhaps an idea, cartoon, poem, story or other material related to recovery in C.A.) that you would like considered for publication in a future issue of the NewsGram, please send it and the completed release form on page 10 to: NewsGram Editor, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641, or via e-mail to newsgram@ca.org. E-mail submissions are preferred. If you e-mail your submission, the form can be scanned and attached as a pdf or faxed to the WSO at 310-559-2554, Attn: NewsGram.

H&I Corner

By Vonya Q.
Corona, California, USA

My name is Vonya and I'm an addict. I'm in the middle. I am neither a newcomer nor an old-timer. In the middle and midst of a Fellowship that is so much greater than me, so much greater than my fears, and so much greater than my past. I have come to find a place in C.A. H&I.

I became a member of C.A. in 2002 and began speaking on panels after about 60 days. I was new and most of the people around me were new, but there were a few old-timers who had the patience to guide and direct me. They probably only tolerated my sharing on panels; I say this because I didn't have much to share, but I shared anyway. I loved it from the very beginning; not how I felt before I shared, but how I felt afterwards. I find a certain peace after sharing and no matter how nervous I am before speaking, as soon as I get out of my own way I can relax and tell my little story of how it was for me, what happened, and what it's like today.

The most rewarding times for me on H&I panels is when I look out at the faces and recognize someone that I knew from that old life and I see them and they see me. I see their eyes sometimes light up with recognition—or sometimes grow dark with recognition—and I know that if I can do this with the support of my higher power and C.A., if I can follow the path laid out, they can too. H&I gives me the best high I've ever had. My book tells me that recovery begins with one addict helping another so my recovery is fed each time I share on a panel, chair a panel, or lead a panel.

More important than how I feel when speaking on a panel is what I bring to the panel. I pray up and ask the God (yes, the 'G word') of my own understanding to use me. I have had the

blessing of seeing some people who attended panels I spoke on join our Fellowship. I've chaired and supervised H&I panels since I got here and I have seen others come in and do the same thing. H&I helps C.A. reach newcomers that are not able to go out to meetings, and I pray that there will never be a day when H&I is not around.

The panel that came and shared the hospital where I detoxed was a light in a very dark place. I was at a dark place in my life and I saw no other light. Three women showed up and began telling me all those things I had felt but could not say out loud. They had experienced some of the same degrading things that I had experienced, but what stood out for me was the hope they offered. They laughed at some of the stuff they experienced. Stuff that I was still crying about, they were able to laugh at. I wanted that, too. They shared about the different lives they were living, and right there in all that darkness they offered me some light. I was able to see a small glimmer of something that I have now come to know as HOPE. H & I is hope; hope found in a dark place by people who have no hope. That is what H&I is to me and I pray that I may continue to offer this light of hope to those whose paths I cross.

If you haven't gotten involved with H&I yet, or if you started it and have since moved on, I encourage you to get in—get into H&I and offer that light to those that are still walking around in darkness. Keep yourself in the light by sharing your light. May you continue to carry the light of recovery, because I don't ever want to be in the dark again.

UK - US Prison Link Meeting

By Doug G., CAWS 2011 H&I Liaison
Phoenix, Arizona, USA

Twelve hundred people gathered at the Brighton Metropole anxiously awaiting the start of the keynote speaker. Nick T. picked up the microphone and said, "Hello, can you hear me?" Through the speakers, we heard a reply. "Coldingly prison here!" This marked the beginning of a truly magical experience.

CAUK 17, like its predecessors, linked to a local prison and invited a handful of inmates to participate in the closing speaker meeting. Two inmates shared for a couple of minutes each, expressing mostly their gratitude to C.A. for this wonderful opportunity and for sobriety.

Following the inmates, two C.A. members attending the conference approached the podium and shared experiencing C.A. for the first time through a prior prison link. Both had been sober since that point. Then the inmates were invited to listen to the main speaker.

I was moved to tears as I experienced this truly remarkable connection. I couldn't wait to get back to my peers and share my observations. As H&I Liaison for the CAWS 2011 convention, I wanted to duplicate it in Phoenix in 2011.

After failing to convince an American institution to participate, it dawned on me that as this was for an international event, we might be able to link to a prison in the UK. Coldingly eagerly agreed!

Our test run of the first ever prison link between a C.A. meeting in the US and Coldingly prison in the UK was successfully completed at the Arizona Area convention on Monday, July 5th at

10 a.m. Following the same format, we witnessed a wonderful, moving experience that confirmed that not only is the disease universal, but so is the solution.

[Postscript from the author: "Internet Technology already allows us to connect lone addicts to meetings from anywhere in the world.

We have been bringing a gentleman from Mombasa, Kenya to a Friday night meeting in Scottsdale Arizona. When they ask that home group members raise their hand, he raises his. Imagine being able to reach out to folks confined to hospitals or their home due to illness or injury. It truly changes the meaning of

the word "Pen Pal." We already have audio meetings going on all over the world. Soon we will be able to have audio/video meetings and connect to each other any where a person can hook into the World Wide Web." You can reach Doug at HI2011@cawsconvention.org]

When Eddie, an inmate in England, shared that as a "lifer," he has never been freer than he is right now because of Cocaine Anonymous, you could literally hear a collective breath from all 250 people in the ballroom.



Calendar of Events (continued on page 16)

September 9-12, 2010

BIG SUR-enity 2010

Central California Area

LOCATION:

Fernwood Campground
Highway 1
Big Sur, CA
Cen Cal hotline 805-969-5178

Printable Registration forms available at cencalca.org. Save with early Registration. When you call our 805-969-5178 number, please ask for a return call from one of the Big Sur-enity committee members.

CONTACTS:

Brendan L., Chairperson 805-969-5178

September 10-12, 2010

BCCA Area Convention

Super Natural Serenity Convention

LOCATION:

Executive Plaza Hotel
405 North Road
Coquitlam, B.C. Canada
1-888-433-3932

CONTACTS:

Simonne M., Convention Chair 1-778-320-7732
Kutrina B., Convention Vice-Chair 604-375-2007
Kellie F., Hotel Liaison 1-604-808-8496
Kris B., Registration 1-604-565-2615

September 17-19, 2010

2010 Florida Area Convention

Simply Grace

LOCATION:

Crowne Plaza Hotel
13051 Bell Tower Dr.
Fort Myers FL 33907
(239)-482-2900

CONTACTS:

Trina S., Committee Chair 239-810-4344
Terry C., Vice Chair 239-253-0092
Richard M., Program Chair 239-878-7807
Tammy C., Hotel Liaison 239-770-3425

September 17-19, 2010

2010 Scotland Convention

Free At Last 2010

LOCATION:

Thistle Hotel
Cambridge St
Glasgow G2 3HN
0871 376 9043

A comprehensive programme of international and home-grown shares, workshops, and Glasgow's finest entertainment over a three-day period commencing Friday 17th September. Book Direct by calling 0871 376 9043 and quote CA 2010.

CONTACTS:

Stuart K., Convention Chairperson 07760470201

September 18, 2010

Brighton's 6th Annual 1-Day Convention

A Vision for You

LOCATION:

Preston Park Hotel 216 Preston Road
Brighton, East Sussex, GB

CONTACTS:

Liam, Chair 07809692549
Bev, Chair Registration 07789205824
Dawn, Programming Chair 07843376684

September 24-26, 2010

2010 Georgia Area Convention

Help Me, Help You, Help Me

LOCATION:

Atlanta Marriott Century Center Hotel
2000 Century Boulevard, NE
Atlanta, GA 30345
800-228-9290

Get ready for a weekend filled with exciting workshops, amazing speakers, awesome marathon meetings, dancing, karaoke, a banquet and plenty of sober fun & fellowship! We're excited to welcome you to the 2010 Georgia Area Convention!

CONTACTS:

Derek F., Chairperson 770-912-8192
Yolande O., Vice Chairperson 770-656-0313
Barbara L., Registration Chair 678-230-4149

Calendar of Events (continued from page 15)

October 7-10, 2010

Recovery in the Rockies XXI

Utah Area

LOCATION:

Marriott Park City
1895 Sidewinder Dr.
Park City, UT 84068
435-649-2900 or 800-234-9003

CONTACTS:

Bruce H., Chairperson 801-864-2582
Terry M., Hotel Liaison 801-706-3580
Paauna, Registration 801-759-1327
Ruby L., Outreach 801-698-8087

October 8-10, 2010

2010 Washington State C.A. Convention

Road To Recovery

LOCATION:

The Coast Bellevue Hotel
625 116th Avenue N.E.
Bellevue, Washington
425-455-9444

CONTACTS:

Gary P., Convention Chair 425-239-6319
Russ O., Convention Vice Chair 425-221-3840
Cynthia C., Convention Treasurer 425-985-4808
Yvette B., Convention Registration 425-753-7430

October 15-17, 2010

2010 Southwest Regional Convention

Keys to the Kingdom

Colorado Area

LOCATION:

Holiday Inn Select Hotel
455 S Colorado Blvd.
Denver, Colorado 80246

CONTACTS:

Michelle Z., SWRC Chair 303.319.9062

November 5-7, 2010

SOCA Convention

Sunlight of the Spirit

Southern Ontario Area

LOCATION:

Toronto Ontario
Address TBA

Registration is free. Keynote speaker will be Chris R. from Texas.

CONTACTS:

Cameron F., Chair 416.533.6024
Bob A., Programming Chair 416.520.7797
Scott P., Vice Chair 416.889.2171
Bill W., Auction/Raffle 647.887.3908

November 12-14, 2010

Annual Midwest Regional Convention

Recovered But Not Cured

Ohio Area

LOCATION:

Doubletree Hotel Columbus
175 Hutchinson Avenue
Columbus, OH
614-885-3334 or 1-800-222-tree (8733)

CONTACTS:

Chris M., Convention Chair 614-704-3379
Patrice F., Convention Vice Chair 614-886-5185
Spencer B., Hotel Liaison 614-203-7158

May 26-27, 2011

CAWS 2011 World Convention

WE

LOCATION:

Phoenix, Arizona

See the article on page 5 or
www.cawsconvention.org/ for details

Get Your Local Event Listed! Use the form at www.ca.org/event_form.html to get your event listed both on the web and in the NewsGram, or notify us by mail to NewsGram, c/o CAWSO, 21720 S. Wilmington Ave., Ste. 304, Long Beach, CA 90810-1641, by e-mail to newsgram@ca.org, or by fax to 310-559-2554, Attn: NewsGram.