

News Gram

Volume 19 No. 4

CA World Service Office, 3740 Overland Ave., Suite C, Los Angeles, CA, 90034

Fourth Quarter 2003

New chips, new literature for our fellowship

By Sherri H.
LCF Chair

EDITOR'S NOTE: This is the first of a two-part series from the Chair of the LCF Committee. Part two will be featured in the next NewsGram.

The CA World Service Literature, Chips and Formats Committee has had a productive year, resulting in a number of exciting additions to our chips and literature.

NEW CHIPS

CA chips will now have a new look. The 2003 World Service Conference completed approval for a new plastic chip design that will display both of CA's registered trademarks.

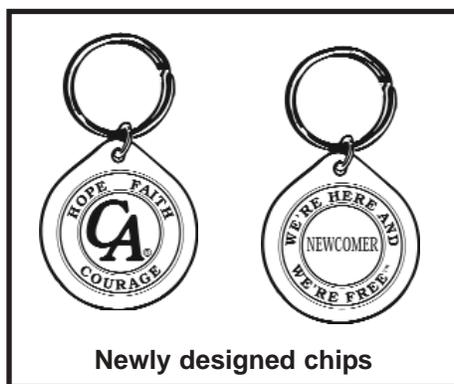
The front of all plastic chips will have "CA" encircled by our principles of "Hope, Faith & Courage."

The back will display the length of time and the CA motto "*We're Here and We're Free*" as a reminder that the helping hand of CA is always available.

The new chips will begin shipment as current inventory is depleted. Your area may want to archive existing chips to record our fellowship's growth.

NEW LITERATURE

Two new pieces of literature will



Newly designed chips

also be available early this year. The 2003 Conference approved *The Home Group* and *Unity* as new pamphlets.

The Home Group describes the importance of having a home group in Cocaine Anonymous.

Unity reviews the importance of the First Tradition and provides some practical suggestions.

Both pieces are great additions to your literature tables or in a packet to the newcomer.

THE PROCESS

Just as it is vital that each piece carries the message to the newcomer, the literature development and approval process is vital to the way LCF accomplishes its task.

The current 12-Point Literature Approval Process begins when an idea or written piece is submitted from the fellowship. The LCF Committee reviews the idea or

piece (Point Two) and then may bring a motion to the Conference (Point Three) for approval as a concept.

If the Conference approves the concept, it is moved to Point Four, where it is assigned to an LCF subcommittee for development.

Points 4-11 move each piece through sub-committee, full committee, trustee approval and editing, after which it is distributed as a draft to the general fellowship for review.

In response to the review, LCF may return the piece to subcommittee (Point Four) or bring it in final form as a motion to the Conference for approval (Point 12).

In committee at the 2003 Conference, LCF addressed 29 new referrals and continued its work on 19 projects in progress.

The committee also reviewed tabled motions from previous Conferences, seeking to resolve old projects that may have stalled in the frequently cumbersome process.

The LCF Storybook Sub-committee is in the final stages of completing a working draft of the new storybook. This committee greatly appreciates your story submissions and input.

Your input is always welcome. Contact the LCF Chairperson at lcf@ca.org.

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Notes from the WSO

We at the WSO want to wish all of you out there Happy Holidays. It is only because of what the Twelve Steps have given us can we fully appreciate this time of year.

I would like to announce that the WSO has a new treasurer, Brian W. from Burbank, Calif. Brian is a CPA and has already immersed himself in our financials. We are grateful for his willingness to serve and look forward to having him on the WSO Board. We also wish to thank John "Oliver" V.H. for his dedicated service work at CAWSO. While not an addict, he jumped right in and implemented many new programs and policies, which have brought us to a higher level of fiscal reporting and responsibility.

With Chicago now finished (thank you again Chicago for a great convention), the WSO is gearing up for CAWS Convention 2004. We meet with the Chair and others on a regular basis and are constantly going over the budget as well as other areas to ensure that as with Chicago, this convention will be the best possible for the fellowship. We want to thank the entire committee for its hard work.

The PSA video produced in Canada and shown at the last CAWS Conference has begun to ship to the fellowship. If you have any questions, contact the WSO. Also, work is progressing on the H&I video and we hope to have it completed soon.

We certainly thank all of you who send contributions. If you are not sure where your area or district stands in this regard, perhaps you might take a moment and look on page 7 of each Newsgram to see how your area or district is doing in donations to World Services.

Lastly, our analysis and review of our budget is ongoing, especially in regards to helping the WSBT carry out their duties for CA as a whole. I would take this opportunity to encourage members of the fellowship to participate in the newly developed CA Contribution Program. More information about this is can be found later in this NewsGram.

Thank you for all of your support.

Bob C.
Chair of the WSOB

The NewsGram is always looking for submissions. If you have ideas, cartoons, poems, stories or any other recovery related material send it and the release form below to: NewsGram Editor, C/O CAWSO, 3740 Overland Ave. Suite. C, Los Angeles CA 90034. We cannot publish your submission without a release form.

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

I hereby give CAWSO and the NewsGram express permission to reprint my original work entitled: _____

Signature: _____

Submissions may be edited for publication. Submissions cannot be returned.

Convention 2004

The Pacific South Region is honored to host The 20th Annual World Service Convention of Cocaine Anonymous. The purpose of the Convention is to promote enthusiasm and unity within the fellowship and to work toward the continued growth of CA throughout the world through financially supporting World Services' effort to carry the message of recovery to the addict who still suffers.

We will be celebrating our 20th Annual World Convention in Los Angeles, Calif. and would like to extend an invitation to all those with a "desire" to join us Memorial Day Weekend, May 27-31, 2004.

There will be meetings and workshops throughout the day and night and great speakers, who will share their message of change and hope. There will be dances, entertainment and other special events to round out this special weekend of friendship, fellowship and recovery. Join people from all over the world and share your experience, strength and hope to make this an unforgettable event.

Where to Write

CAWS
Board of Trustees
P.O.Box 492013
Los Angeles, CA 90049-8013

CAWSO
Board of Directors
3740 Overland Ave., Suite C
Los Angeles CA. 90034-6337

PI Corner

What's new with Public Information in Arizona!

**Megan K.,
Phoenix, Ariz.**

"What Is Addiction?" was developed by staff of the Arizona Science Center with the help of a panel of national experts. The innovative work consists of two kiosks, each with four sides of interactive encounters, which deal with issues of addiction. Encounters range from a 3-D journey of what happens to brain chemistry after a "hit," to how the power of smell can trigger a relapse, to taped interviews with young adults in rehab. It is now part of the center's permanent collection.

Funded by the Office of National Drug Policy, the Center has received the OK to make five copies of the exhibition available nationwide. Richard Toon, Education and Research Director at the Center, said "In the next few months it will be determined which U.S. cities will receive copies of the exhibit in their science centers."

The Phoenix District Public Information Committee visited the only hands-on exhibit dedicated to the leading contemporary research in the field of addiction. Now, science centers around the nation will vie for copies of the groundbreaking installation as part of the program to bring it to other cities. At Mr. Toon's request, the Phoenix Public Information Committee provided him with feedback from the perspective of recovering addicts as part of an evaluation that also included students, teachers and general visitors. The PI Committee made two main suggestions; 1) to include a reference to Cocaine Anonymous in the exhibit's teachers guide, as a resource to those suffering from cocaine addiction; and 2) to provide 12-step literature on racks near the exhibit. Toon said the next printing of the guide will include the CA information. What an exciting way to carry the message!

Approximately 400,000 people a year see the "What Is Addiction?" exhibit.

Convention 2004 hotel information

The CAWS 2004 convention will be at the Los Angeles Universal City Hilton Hotel located at 555 Universal Terrace Parkway, Universal City, Calif. To reserve a room (s) call 818-506-2500 or 800-HILTONS. Room rates at the hotel are \$149 per night for rooms with a single king bed or two double beds and are subject to state and local taxes. Please ask for the CAWS 2004 (code=CAW) room rate when making your reservations. Register early to ensure availability. For more information visit us online at www.CAWSO2004.org.



Keep coming back! keep coming back!

By Vandell B.
Helena, Ark.

This Jan. 7 will mark 15 years of continued sobriety for me. Thank you because you have been a part of that .

The meetings here in Helena have fallen off to almost nothing. In fact there is only one other person that shows up consistently - a new-comer with 11 months, whom i shall call Peter.

Peter is a low bottom drunk and addict. He had no job to speak of, just odds and ends. He was stealing out of the local stores — going to jail — no driver's license, etc. He hit bottom and became sold on the contents of the Big Book of Alcoholics Anonymous. He has heard many of your stories - either by word of mouth or by the speaker tape library I have.

I did not particularly like Peter. He irritated me. I became convinced that I had done my duty to Cocaine

Anonymous by keeping the doors open for this last 11 years in Helena. That I was needed on a much broader level such as the area or region, etc. I wanted to close the meeting down.

My mind said they didn't want it and I wasn't going to frustrate myself. The only problem was that Peter kept coming to the meeting on time, every time. I couldn't for the life of me shut the meeting down when "one" person wanted it.

So we rocked on.

Last night as I approached the meeting, there sat Peter in the cold waiting for me to come and open the door.

I noticed another really disheveled looking gentleman standing to the side, but I just spoke and headed inside to the warmth.

After Pete and I had opened and talked for about ten minutes I heard a knock on the door, it was the gentleman outside. He was dressed

real ragged and he said that he was "looking for a meeting." He said that it took him that long to get up his nerves to come and ask us if would we help him.

He works every day but has no electricity in his house, or any other utilities for that matter. He goes to his mothers house for meals because by the time he gets his check its already credited out except for the fifty or sixty dollars left and he smokes that.

I told him that we had been waiting on him - that my mind almost made me close the doors - but God kept "Peter" coming so that I wouldn't kill him (the new guy).

I am crying as I write this because I realize that everything is a lot bigger than "me" or "my feelings".

I have a purpose and that is that whenever anyone reaches out for the hand of Cocaine Anonymous - I have a duty to be there.

Subscribe to the NewsGram

Subscriptions are being accepted for the NewsGram. For the low price of \$10 per year, you can receive each copy of the NewsGram before your friends or your group. Simply complete the form below and enclose a \$10 check, money order or credit card number.

I have Enclosed:

Check Money Order Visa/Mastercard # _____

Signature _____ Expiration date: _____

Name: _____

Address: _____

City: _____ State: _____ Zip/postal code: _____

Telephone Number: (____) _____ - _____ Country: _____



Stay in the
moment, listen,
learn and buy
some tools

Adrian L.

Don't let my mind wander into the past or the future. I can't change the past and only by living in the now will I have a future.

Living in the now directly affects my future. I will grab a few good friends, true friends, my tools and my faith in my higher power. The past and the future are distractions, which will rob my future of its values.

The past will get me stuck in all the hurt, anger, resentments and glorification of drugs and all the bad times and hardships I've suffered. I will have a mental block, one that has killed my mental and spiritual growth for years.

I cannot worry about the future. It isn't here yet and won't come unless I work on the here and now.

I need to learn how to live again, one day at a time. It's like charging a car battery — a quick charge will die fast but a long slow charge will last a lifetime.

I want a long life in recovery. I'm taking it nice and slow and I'm staying in the now and as a result my life will have depth and meaning.

When the future finally comes it becomes today in essence, today is my future.

Trustee Corner

BY TERI K.
Atlantic South Trustee

Hi everyone!

Well it is a new year and there is a new World Service Board of Trustees and new WSBT officers. For those of you who haven't gotten the word, the new Board is as follows:

- ◆ **Teri K.** WSBT Chair — Atlantic South Region — Unity
- ◆ **Jahi B.** WSBT Vice Chair — Trustee at Large — Hospitals & Institutions
- ◆ **Cynthia C.** WSBT Secretary — Pacific North Region — Literature, Chips & Format
- ◆ **Jackie S.** Atlantic North Region — Public Information
- ◆ **Tony D.** Midwest Region — Internet
- ◆ **Ken C.** Pacific South Region — Convention
- ◆ **Jay F.** Southwest Region — Structure & Bylaws
- ◆ **Elizabeth S.** World Service Office — Finance
- ◆ **John B.** World Service — Conference

I know that all of us are really looking forward to this new year and being part of the growth of Cocaine Anonymous. There is so much to do for the Fellowship as meetings continue to spring up in Europe and other places outside of North America, as well as addressing each new challenge and opportunity that comes with growth.

One of the things the Board is really focused on is the finances of the Fellowship...finances that keep meetings open and our literature and story book available to the newcomer.

At the World Service Conference this year, the CAWS Contribution program was rolled out (see page 6). This is a great way for us as individuals to contribute to CA and be a part of carrying the message to the addict that still suffers. Find out more about this program by referring to the insert in this edition of the NewsGram or contact your local GSR, DSR, World Service Delegate or the World Service Office.

Also, the WSBT encourages you to start planning to attend the Cocaine Anonymous World Service, CAWS, Convention in Los Angeles, Calif. We will celebrate not only our sobriety and fellowship with other addicts from across the globe, but will also honor the more than 20 years in which Cocaine Anonymous has been in existence, right in the home of where it all began. More information is found on the CA web site, www.ca.org. Don't just hear about it, be a part of the CA experience!

In closing, please do not hesitate to contact your regional trustee or the WSBT as a whole; we are here to serve Cocaine Anonymous. We are here for you and can be reached by e-mail directly from the CA web site, at www.ca.org.

Thank you for allowing us to be of service,

Teri K.
Chair, World Service Board of Trustees



New program to help WS Finances

The CA World Services Contribution Program is a new program providing a safe, confidential and convenient way for individual members to make 7th Tradition donations directly to World Services. Some people may already know how a program like this works if they have recurring payments of any kind deducted from their checking accounts or charged to their credit cards.

A personal donation through the Contribution Program is an effective way to financially support CA. Through the program, you can authorize a 7th Tradition donation to be paid on a regular basis from your checking account, savings account, debit card or credit card to World Services.

Of course, you have complete control of the amount of the contribution and when it is made.

To participate in the Contribution Program, simply fill out the authorization form below and mail it to the CA World Service Office.

It's that simple!

The World Service Office will provide flyers with more information to the fellowship at large through various means, such as the CA website, delegate mailings, chips and literature orders and starter kits.

Delegates and other trusted servants of areas and districts are asked to provide these flyers to Group Service Representatives.

In turn, GSRs are encouraged to take the flyers to their meetings and make announcements about the program and how to sign up.

AUTHORIZATION FOR DIRECT PAYMENT (ACH DEBITS)

YES, as a member of CA, I want to participate in the CA World Services Contribution Program to help keep CA World Services going strong!

Cocaine Anonymous World Service Office, Inc.
3740 Overland Avenue, Suite C
Los Angeles, CA 90034
1-310-559-5833
cawso@ca.org

In consideration of the 7th tradition donations to Cocaine Anonymous World Service Office, Inc., as listed above, I authorize Cocaine Anonymous World Service Office, Inc. (CAWSO, Inc.), to initiate variable entries to my account described below:

Type of Account: Checking, Savings, Credit Card, Debit Card

Credit Card, or Debit Card Name: _____

Account Number/ Expiration date _____

Financial Institution's Name: _____

Financial Institution's Address: _____

If using a Checking Account, please include a voided check; If a saving account, please include a deposit slip.

PAYMENT DETAILS:

Amount in US Dollars: \$ _____ **Date of first payment:** 1st of Month, 15th of Month

PAYMENT FREQUENCY: monthly, weekly, annually, one time basis

Effective Date: ___/___/___ (mm/dd/yyyy)

This authority is to remain in full force and effect until CAWSO, Inc. has received written notification from me of it's termination in such time and manner as to afford CAWSO, Inc. a reasonable opportunity to act on it.

Name: _____ Signature: _____
(Please Print)

Address: _____ Date: _____

Telephone No: _____ Please make a copy of this form for your records.



7th Tradition Donations

July-September 2003

Alabama			Lansing District CA	\$60.00
	First Freedom Group	\$240.00	Saturday Morning Alive CA - Lansing	\$15.00
	Jasper Group	\$20.00	SIS	\$14.87
Arizona			Minnesota	
	Anonymous Individual - Phoenix	\$150.00	CA of Minnesota	\$60.00
	Anonymous Individual - Phoenix	\$10.00	Missouri	
	Cocanuts - Tucson	\$53.00	CA Men's Meeting St. Mary's Hospital	\$32.00
	Saturday Night Live/Tempe	\$201.29	Working With Others	\$30.00
	Sun Valley Intergroup	\$900.00	Nebraska	
	Tucson District	\$1,495.34	CA of Nebraska	\$180.10
	Under the Willow	\$7.00	New Mexico	
Arkansas			Celebrate Around The World	\$150.00
	Arkansas Area CA	\$225.00	New Mexico Area	\$150.00
California			New York	
	Anonymous Individual - Inglewood	\$60.00	Long Island H&I	\$100.00
	Anonymous Individual - Los Angeles	\$150.00	New Life at the Oaks - Long Island H&I	100.00
	Anonymous Individual - Los Angeles	\$10.00	Oklahoma	
	Anonymous Individual - Los Angeles	\$40.00	Rock Bottom Group - Clinton	\$50.00
	Anonymous Individual - Los Angeles	\$1.00	Pennsylvania	
	Anonymous Individual - Los Angeles	\$40.00	Common Solution Group - Camp Hill	\$50.00
	Anonymous Individual - San Jose	\$8.88	Tennessee	
	Anonymous Individual - Santa Monica	\$50.00	Hope Not Dope Group - Nashville	\$25.00
	Back to Basics - Orange County	\$10.00	Texas	
	Bagels By The Beach - Malibu	\$45.00	Circle & Triangle - Austin	\$138.50
	Bakersfield Meeting	\$40.00	Hope Faith & Courage - McAllen	\$50.00
	CA Inland Empire	\$375.00	The Legacy CA Group	\$40.00
	CALA - Long Beach/Compton	\$2,222.56	Solution Seekers - Austin	\$100.00
	CALA - SBBC	\$240.00	Step Sisters	\$79.66
	CALA - South Central	\$1,237.89	Texas Area Service Committee	\$371.46
	CALA - Westside Hollywood	\$726.30	Visionaries - Elgin	\$25.00
	Campvention	\$441.10	Utah	
	Central California Area	\$309.00	Speed Bumps	\$31.20
	Clubhouse Step Study - Solana Beach	\$48.90	Washington	
	Cocanuts - Los Angeles	\$10.00	Blade Runners	\$75.00
	Easier Softer Way	\$20.00	Washington D.C.	
	Eastside Early Bird Attitude Adjustment - Long Beach	\$150.00	How Do You Like Us Now	\$12.50
	Living Sober - Glendale	\$40.00	Wisconsin	
	Monday Night La Jolla Meeting	\$59.47	Anonymous Individual	\$43.40
	Never Too Late - Los Angeles	\$10.00	A Vision For You	\$41.17
	Recovery In The Hood	\$394.00	First Things First	\$62.50
	Sacramento District	\$48.30	Higher Powered	\$30.00
	San Gabriel Pomona Valley CA	\$169.65	Meeting of the Century	\$30.00
	Sonoma County Intergroup	\$75.00	Menomonee Falls Meeting	\$30.00
	Thursday Gentlemen's Meeting - San Diego	\$20.00	Razor's Edge	\$112.13
	Turning Point - Ventura	\$10.00	Sunday Night Strength	\$46.00
	WSOB Meeting	\$55.00	Uncola Group	\$118.10
Colorado			International	
	Anonymous Individual - Castle Rock	\$30.00	Canada	
	Cocanuts - Denver	\$10.00	CA Alberta	
	Denver District	\$115.00	Alberta Area	\$78.30
	Denver District Meeting	\$59.76	Ontario	
	Dragon's Den Monday Night	\$61.21	Southern Ontario Area	\$500.00
	Nirvana	\$113.15	Mexico	
	Promises	\$90.00	Puerto Vallarta	
	Relapse Prevention 101	\$15.00	There Is Hope	\$15.00
	Southern District	\$25.89	United Kingdom	
	The Other Meeting	\$11.00	Anonymous Individual	\$1.50
Georgia			UK Area	\$1,800.00
	Cocanut	\$64.00	Online	
	Over The hump	\$210.00	Online Service Area	\$350.00
	Quarter Mile Group	\$30.00	Steps On Line	\$83.75
	Today's Hope	\$113.69	Birthday	
	Tucker Turtles	\$152.00	Anonymous Individual - Online Area	\$16.00
	Welcome Home Group	\$42.98	Come Alive Group - Redondo Beach	\$139.00
Idaho			H&I	
	CA Nostrils of Twin Falls	\$15.00	CALA - West Hollywood District	\$1,000.00
Illinois			H&I can CAWSO	\$10.22
	Illinois Area - Chicago	\$900.00		
	Northwest Suburban District	\$854.46		
	South & West District - Hinsdale	\$255.72		
Indiana				
	Fort Wayne District	\$75.00		
Iowa				
	CA District 1 - Des Moines	\$30.00		
	Drop the Rock	\$25.00		
Kansas				
	Topeka Kansas District	\$50.00		
Massachusetts				
	Mass. Area of CA	\$100.00		
Michigan				
	Blind Faith	\$25.00		
	C.M.A.C.A.	\$40.00		
	Courage to Change Group - Traverse City	\$75.00		

Don't forget you can now
make donations directly
through your checking/savings
account. Please see related
story on page 6.



Calendar of Events

Diversity...Strength Not Weakness

Florida Area Convention
January 2-4 2004
Tradewinds Sirata Beach Resort
Chair: Tonderick J.
(727) 423-5469
Vice Chair: Carie M.
(727) 321-3435

Let Go

8th Annual CA of Wisconsin Area Convention
February 6-8 2004
Radisson Milwaukee Hotel Airport
Chairperson: Gregg B.
(414) 543-0446
Registration: Rick D.
(414) 350-5146

One Primary Purpose

14th Annual Convention
February 6-8 2004
Doubletree Hotel Portland / Columbia River
Chairperson: Carl H.
(360) 784-2682
Registration: Paul H.
(503) 969-2464

Step Into The Sunlight of the Sprit

14th Annual Tri-State
March 19-21 2004
Holiday Inn - Indiana Southeast
Chairperson: Myra B.
(317) 635-5365
Vice Chairperson: Charles B. (317) 322-1642

Serenity in Seattle

Pacific North Regional Convention
March 19-21,2004
Seatac Marriott
Chairperson: Paul P.
(425) 766-6616
Vice Chairperson: Lester C.
(425) 772-1558

"12"

12th Annual UK Convention
March 26-28 2004
The De Vere Royal Bath
Chairperson: Steve S.
+44 (0) 1202 555000
Hotel Liaison: Andrew
+44 (0) 1202 690031

Unity

Atlantic South Regional Convention
April 2-4 2004
Chairperson: Vance N.
(251) 367-8292
Registration: Tammy M.
(205) 939-1540

We Have Entered The World of The Spirit

14 Annual Ohio Area Convention
April 23-25, 2004
Crown Plaza Hotel
Contact: Debbie D.
330 374-3777
debbie.denmark@oldcastleapg.com
Contact: Ray D.
330 782-4146

Spotlight On Recovery

Cocaine Anonymous World Service Convention
May 27-31 2004
Hilton Los Angeles/Universal City and Towers
Chairperson: Jim H.
(949) 709-5068
Vice Chairperson: Tom S.
(818) 344-2459

To list your event send an
E-Mail to: cawso@ca.org
or send a Fax to: 310-559-2554

